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Up-date on the Program of Research at the Ottawa Hospital Civic Campus - Geriatric Day Hospital

The results of a recent prospective study of caregiver needs, goals and outcomes in the day hospital have now been published in scientific peer reviewed and consumer journals. The findings confirmed the great potential of comprehensive geriatric assessment programs to promote positive patient and caregiver outcomes and informed intervention strategies to provide optimal assistance to patient/caregiver dyads in this setting. These include:

- collaborative goal setting and definition of priority problems with patient/caregiver dyads on admission and throughout the assessment process;
- simultaneous interventions targeting patients, caregivers and the socio-physical environment of care tailored to respond to the variations in risk and temporal location in the trajectory of illness;
- evaluation of the impact of the wider network of the informal support system on patient/caregiver, the inclusion of its key members in the assessment process, and their mobilization to participate in sharing the load of patient care; and
- sustained follow-up and creation of a continuum of formal support services to meet the on-going needs of the dyads after discharge. For more details, please refer to the publications below:

Aminzadeh, F., Byszewski, A., Dalziel, W.B. (2006). A prospective study of caregiver burden in an outpatient comprehensive geriatric assessment program. *Clinical Gerontology: The Journal of Aging and Mental Health*, 29 (4), 47-60.

<https://www.haworthpress.com/store/ArticleAbstract.asp?sid=3JUOGSH8N4VU8NHKUCDGH23RGJBV3WR3&ID=76232>

Aminzadeh, F., Byszewski, A., Dalziel, W.B., M. Wilson, N. Deane, & S. Papahariss-Wright (2005). Exploring caregiver needs, goals and outcomes in an outpatient consultative comprehensive geriatric assessment program.

Journal of Gerontological Nursing, 31 (12), 19-25.

<http://www.jognonline.com/view.asp?rID=4673>

Aminzadeh, F., Dalziel, W.B., Byszewski, A., M. Wilson, N. Deane, & S. Papahariss-Wright (2004). Outpatient comprehensive geriatric assessment: Targeting patient/caregiver dyads at risk for low-adherence. *Geriatrics Today: Journal of the Canadian Geriatric Society*, 7 (4), 118-122. (No link available)

Please forward submissions for comment to Kelly Milne at kmlilne@ottawahospital.on.ca or call (613) 798-5555 extension 13930

Aminzadeh, F., Byszewski, A., Dalziel, W.B., Wilson, M., Dean, N., & Papahariss-Wright, S. (Winter, 2004). Caring for persons with dementia: What interventions do caregivers need? *Clinical Notes: Innovative Healthcare Solutions for Better Living*. Published by Shoppers Home Health Care, Canada.

http://www.shoppersdrugmart.ca/english/home_health_care/clinic_notes/images/ClinNotes_wint04.pdf

ANNUAL GENERAL MEETING Geriatric research and Program Development Poster Presentations

The Annual General Meeting of the RGAP will be held on April 6, 2006.

We are pleased and fortunate that over 35 posters will be displayed at the Geriatric Research and Program Development poster presentation that precedes the AGM. Posters have been accepted from across the region, including community agencies, hospitals, and specialized geriatric networks. Participants will have the chance to network and dialogue with peers at the cheese and wine reception to be held during the poster session.

The AGM will include an update on the high level points of consideration generated so far in the Regional Geriatric Advisory Committee's strategic planning initiative. Dr. Christopher Patterson, keynote speaker at the AGM, is an internationally recognized geriatrician and will speak on "Frailty: Random thoughts, hard evidence, many questions ...".

WHAT'S NEW

RGAP Multidisciplinary City wide Rounds

The Ottawa Hospital Civic Campus - "Amphitheatre"

Friday 31 March, 2006 - 8.00 – 9.00 am - Special Rounds

Dr. Kenneth Rockwood MD, MPA, FRCPC

"Goal Setting and Attainment in Alzheimer's Disease Patients"

Friday 21 April, 2006 8.00 – 9.00 am

Dr. Pippa Hall, Program Director, Palliative Medicine Residency Program, SCO Health Service

Maryse Bouvette, Coordinator, Palliative Care Pain and Symptom Management Team & Community Consultation Service

"Psychogeriatrics, What is the Role of Palliative Care?"

Thursday 6 April, 2006

Annual Meeting & Geriatric Program Development Poster Session
Hellenic Banquet Centre

1315 Prince of Wales Drive, Ottawa Hospital

2:00 – 3.00 pm Viewing of posters

3.00 – 5.00 pm RGAP AGM and Keynote Address

Thursday May 18, 2006

Rural Forum

Perley & Rideau Veterans Health Centre - See Link

www.rgapottawa.com