



Geriatric Assessment Outreach Teams

Client Information Sheet

OUR GOALS

To help you improve the quality of your life and to promote your health, independence and safety in order to help you remain in your own surroundings as comfortably as possible.

WHO ARE WE?

The Geriatric Assessment Outreach team members are health professionals (nurses, occupational therapists, physiotherapists and social workers). Only one team member visits the person at home. We visit people over the age of 65 in their home to do a comprehensive assessment. We accept referrals from physicians, relatives, healthcare professionals and individuals themselves. We always ensure that your family physician agrees with our visiting you.

We provide a confidential service in both English and French. Efforts are also made to use cultural interpretation services when necessary.

WHAT DO WE DO?

We assess many areas of your health and day-to-day functioning. With your permission, we will be asking you questions on topics such as:

- Mobility
- Safety/Home Environment
- Medical Concerns
- Memory
- Mood
- Personal Care
- Social Issues
- Household Activities

THE NEXT STEP...

After our visit, we prepare a written summary which we review with other team members and a geriatrician at our weekly meeting. Suggestions and recommendations will be reviewed with you either at the time of our visit or by phone one or two weeks later. With your consent, a copy of the summary will be sent to your physician and other appropriate agencies.

WHAT TO EXPECT AFTER THE VISIT

After our visit we may refer you to other specialized geriatric services such as:

- Geriatric Clinics
- Geriatric Day Hospitals
- Geriatric Rehabilitation Units

Or other community services such as:

- Community Care Access Centres (CCACs)
- Community Health Centres
- Home Support Services
- Others as Needed

HOW TO REACH US

The Geriatric Assessment Outreach Teams operate out of two different sites. We can be reached by calling:

West Team (if you live west of Bronson Ave.)	Queensway-Carleton Hospital	613-721-0041
East Team (If you live east of Bronson Ave.)	Bruyere Continuing Care	613-562-6362