

26th Annual Geriatric Medicine Refresher Day

A Life Well Lived—Current Issues at the End of Life

WEDNESDAY, MAY 2, 2012

7:30 AM TO 4:00 PM

LONDON CONVENTION CENTRE, LONDON, ONTARIO

7:30am–8:20am Registration, Displays and Refreshments

8:20am–8:30am WELCOMING REMARKS

Laura Diachun, MD, Conference Chair, Department of Geriatric Medicine, St. Joseph's Health Care, London

8:30am–9:20am PLENARY SESSION

WE TALKED ABOUT DYING AND 4 MILLION PEOPLE LISTENED: THE STORY OF A UNIQUE PARTNERSHIP BETWEEN A UWO GRADUATE JOURNALISM CLASS AND THE CBC.

Meredith Levine, Professor of Journalism, UWO and Former CBC Producer

- Discuss lessons learned in how to talk about dying to diverse audiences
- Describe the impact of working with death: "What I learned from palliative care professionals and my own students."

9:20am–9:50am Refreshments, Displays and Networking

9:50am–11:00am MORNING CONCURRENT WORKSHOPS I

1. OPTIMIZING HEALTH CARE THROUGH ENHANCED COMMUNICATION FOR INDIVIDUALS WITH DEMENTIA

J.B. Orange, PhD, Faculty of Health Sciences, UWO

Barbara Watson, MN, RN, Faculty of Health Sciences, UWO

- Describe effective communication strategies for working with individuals with dementia, particularly those who are in the later end-of-life clinical stage
- Identify the value of effective communication strategies that preserve personhood and dignity in the later end-of-life clinical stage

2. COGNITIVE TESTING AND LOCALIZATION MADE RIDICULOUSLY SIMPLE

David F. Tang-Wai, MDCM, University Health Network, Toronto

- Demonstrate how the cognitive assessment can assist with lesion localization
- Demonstrate how localization can help in the differential diagnosis of dementia

3. TOP GERIATRIC PAPERS OF 2011

Chris Brymer, MD, St. Joseph's Health Care, London

- Describe how to critically appraise recent literature addressing common clinical presentations in the elderly
- Discuss how this literature may inform and alter primary elder care

4. FOOD: THE FOUR LETTER WORD IN END-OF-LIFE CARE

Joshua Shadd, MD, St. Joseph's Health Care, London

- Identify the role of nutritional supplementation and pharmacologic appetite stimulants in palliative care
- Describe strategies for talking with patients and families about declining nutritional intake at end of life

5. WHO CARES FOR THE CAREGIVER?

Andrew Feron, MSW, St. Joseph's Health Care, London

- Discuss caregiver burden/stress and how to support caregivers while developing an awareness of the issues for caregivers of palliative patients
- Identify resources available for caregivers

6. THE USE OF ELECTROCONVULSIVE THERAPY IN THE ELDERLY: MYTHS AND REALITIES

Amer Burhan, MD, Faculty of Psychiatry, UofT

- Discuss the indications and efficacy of electroconvulsive therapy in the elderly and common side effects
- Describe the citywide electroconvulsive therapy service in London

11:10am–12:20pm MORNING CONCURRENT WORKSHOPS II

7. MEDICATIONS USED FOR SYMPTOM CONTROL IN PALLIATIVE CARE

Luis Viana, Pharmacist, Medical Pharmacies Group Limited

- Identify pharmacologic options and the expected therapeutic/adverse effects
- Describe how to access palliative care medications in the community

8. THE DAYS OF THEIR LIVES: HOW LIFE EXPERIENCES SHAPE OUR PATIENTS

Sandra Hobson, OT, Faculty of Health Sciences, UWO

- Identify the historical context and common life experiences of our oldest patients
- Discuss how such experiences might impact behaviour in those with dementia

9. AN OUNCE OF PREVENTION: MANAGING PALLIATIVE CARE 'CRISES' IN THE COMMUNITY

Joshua Shadd, MD, St. Joseph's Health Care, London

- Describe strategies for dealing with common, foreseeable 'crises' that can arise for community palliative care patients
- Identify the role of Symptom Response Kits in preparing for such events

10. PALLIATIVE CARE IN THE LONG TERM CARE SETTING

Paul Ferner, MD, Faculty of Medicine, UWO

- Discuss principles of palliative care for non-cancer diagnoses in the LTC setting
- Identify strategies for communicating with families about treatments and the process of dying

11. COGNITIVE TESTING AND LOCALIZATION MADE RIDICULOUSLY SIMPLE

David F. Tang-Wai (Repeat of Workshop #2)

12. TOP GERIATRIC PAPERS OF 2011

Chris Brymer (Repeat of Workshop # 3)

12:20pm–1:30pm Lunch, Displays and Networking

1:30pm–2:20pm PLENARY SESSION

HOME-BASED GERIATRIC PRIMARY CARE: A JOURNEY INTO A HIDDEN WORLD WITH A CAMERA AND A STETHOSCOPE

Mark Nowaczynski, MD, Faculty of Medicine, UofT

- Discuss home-based geriatric primary care as an approach to sustaining our health care system in the face of a rapidly aging population
- Describe how social documentary photography has been used as a powerful tool for advocacy

2:20pm – 2:30pm Afternoon Break

2:35pm–3:45pm AFTERNOON CONCURRENT WORKSHOPS

13. CASE STUDIES IN HOME-BASED GERIATRIC PRIMARY CARE

Mark Nowaczynski, MD, Faculty of Medicine, UofT

- Identify who benefits from home-based geriatric primary care using case examples
- Discuss the complexities and challenges of delivering home-based care

14. SUPPORTING CLIENTS AND CAREGIVERS THROUGH THE END-OF-LIFE JOURNEY...HOW CAN THE CCAC HELP?

Donna Ladouceur, Director of Client Services, CCAC

- Describe the role the CCAC plays in supporting end-of-life clients in the community
- Describe the role of the CCAC in system navigation using examples of current initiatives

15. MEDICATIONS USED FOR SYMPTOM CONTROL IN PALLIATIVE CARE

Luis Viana (Repeat of Workshop #7)

16. WHO CARES FOR THE CAREGIVER?

Andrew Feron (Repeat of Workshop #5)

17. PALLIATIVE CARE IN THE LONG TERM CARE SETTING

Paul Ferner (Repeat of Workshop #10)

3:45pm–4:00pm CLOSING COMMENTS AND EVALUATION



Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from the 2011 conference evaluations, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists, pharmacists, dietitians, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

About the Conference

We are proud to present and celebrate our 26th annual conference in Geriatric Medicine that provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage interdisciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. Please visit our exhibits and book sale.

Sponsors

Division of Geriatric Medicine, St. Joseph's Health Care, London; The University of Western Ontario, Schulich School of Medicine and Dentistry, London, Ontario; The Ontario Ministry of Health and Long Term Care; Southwestern Ontario Regional Geriatric Program.

Industry Sponsors

This program has been made possible through educational grants from Amgen, Lundbeck Canada Inc., Merck, Novartis Pharmaceuticals Canada Inc. and Pfizer Canada Inc.

Study Credits:

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 5.75 MAINPRO-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, The University of Western Ontario (5.75 hours).

Registration

All electronic registrations received prior to April 2, 2012 will be entered into our "Early Bird Draw" and are eligible to receive a full refund of your 2012 registration fee. We encourage all to register prior to April 2, 2012. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 30, 2012 will result in a refund minus \$40. Registrations received after April 30th, 2012 will be considered only if space permits.

Parking

Parking is not included in your registration fee this year. Please be prepared to pay for your own parking. Parking available at the London Convention Centre or in the Impark lot across the street.

Please note

The London Convention Centre can get chilly, dress in layers. A coat check will be available on the ground floor. Be considerate of others, our goal is for a fragrance free conference. Be sure to inform us of any special dietary needs.

New Online Registration at:

www.sjhc.london.on.ca/grd

Please register online to ensure that you receive next year's flyer.

To receive the 2013 flyer without registering this year, please e-mail Sarah Woolmore-Goodwin at sarah.woolmoregoodwin@sjhc.london.on

Date: Wednesday, May 2, 2012
Time: 7:30 a.m. - 4:00 p.m.
Location: London Convention Centre
300 York Street, London, ON N6B 1P8
Fees: \$160.00 per person
\$65.00 per full-time student/volunteer

Registration Deadline: April 30, 2012

Completed registration forms can be mailed or faxed to:
Sarah Woolmore-Goodwin, Parkwood Hospital
801 Commissioners Road East
London, ON N6C 5J1
Phone: (519) 685-4292, Extension 42329
Fax: (519) 685-4093
Email: sarah.woolmoregoodwin@sjhc.london.on.ca

Registration Form

Name _____

Address to mail your receipt _____

Facility/Organization _____

Phone _____

Email _____

MC Visa Cheque/Money Order

(Please make cheques payable to SJHC)

Credit Card # _____ Expiration _____

\$160.00 per person \$65.00 per student/volunteer

Concurrent Workshops

(Please choose one session in each time slot)

Morning Concurrent Workshops 9:50—11:00

- 1. Enhanced Communication for Dementia Patients
- 2. Cognitive Testing Made Ridiculously Simple
- 3. Top Geriatric Papers of 2011
- 4. Food: The Four Letter Word in EoL Care
- 5. Who Cares for the Caregiver?
- 6. Electroconvulsive Therapy

Morning Concurrent Workshops 11:10 — 12:20

- 7. Medications used for Symptom Control
- 8. The Days of Their Lives
- 9. An Ounce of Prevention
- 10. Palliative Care in the LTC Setting
- 11. Cognitive Testing Made Ridiculously Simple
- 12. Top Geriatric Papers of 2011

Afternoon Concurrent Workshops 2:35—3:45

- 13. Home Based Geriatric Primary Care
- 14. Supporting EoL Clients and Caregivers
- 15. Medications Used for Symptom Control
- 16. Who Cares for the Caregiver?
- 17. Palliative Care in the LTC Settings