Geriatric Challenges in Primary Care

Friday, June 6, 2014

The Ottawa Hospital, Civic Campus, Amphitheatre
1053 Carling Avenue, Ottawa, ON K1Y 4E9

Course description

The University of Ottawa, Office of Continuing Professional Development is pleased to offer this 1-day course on the care of geriatric patients. This program is designed to address issues that practicing physicians and healthcare professionals face daily when caring for elderly patients. Some of the topics that will be highlighted are:

- Dementia
- Depression
- Falls
- Parkinson’s
- Anemia
- Diabetes

Participants will have many opportunities to engage in interactive discussions with local experts involved in the care of elderly patients.

For further information, contact the Office of CPD at:
Tel: 613-761-4480 ext.1    Fax: 613-761-5262    Email: cme@toh.on.ca

Brochure and Online registration available at www.med.uottawa.ca/cme
# Geriatric Challenges in Primary Care

**JUNE 6, 2014**

**8:15** Welcome  
**Dr. Barbara Power**

## MORNING LECTURES

**8:30**  
**Diabetes in the elderly and the new guidelines**  
*Describe the evidence supporting the new guidelines for the elderly and their clinical application in primary care*  
**Dr. Amel Arnaout**

**9:30**  
**Behavioral and Psychological Symptoms of Dementia (BPSD) - What to do?**  
*Review common behavioural and psychological problems seen in patients affected by dementia and discuss individual cases*  
**Dr. Timothy Lau**

**10:30 – 11:00**  
**Refreshment break**

## WORKSHOPS

**11:00 - 12:00**  
**Choose 1 of the following 1-hour workshops**

**W1: Cancer screening: when to continue and when to stop**  
*Identify appropriate breast, colorectal and cervical screening guidelines for the geriatric patient*  
**Dr. Caroline Knight**

**W2: Dementia and Depression: starting, stopping, and switching medications**  
*Review medication management in dementia and depression with a particular focus on starting, switching, stopping and the benefits of collaborating with a pharmacist*  
**Dr. Bill Dalziel**

**W3: Working together to support primary care**  
*Describe how these services support primary care in the assessment, management and care of the person living with dementia*  
**Panel:**  
Ms. Jennifer Blaise, CCAC  
Ms. Jaime Constable, First Link  
Ms. Joyce Hamelin, GAOT  
Ms. Patricia Barrett-Robbard, PCO  
Ms. Roxanne Filion, GPSCO

**W4: Sleep Disorders**  
*Review sleep disorders - insomnia, restless leg syndrome, sleep apnea and outline the available resources*  
**Dr. Elliott Lee**

**W5: Living in the grey zone: seniors at risk in the community**  
*Understand the limitations of the consent and capacity laws*  
**Dr. Louise Carrier**  
Ms. Laureen Lyons

**12:00 – 12:45**  
**Lunch**

## AFTERNOON LECTURES

**12:45**  
**Falls- A Multifactorial Problem- A multifactorial approach**  
*Assess the many causes of falls in geriatrics and identify appropriate interventions using a systematic approach*  
**Dr. Frank Molnar**

**13:45**  
**Is it Parkinson’s?**  
*Differentiate Parkinson’s and parkinsonism from other types of tremors*  
**Dr. David Grimes**

**14:45-15:00**  
**Refreshment break**

**15:00**  
**Understanding anemia and other blood disorders in the elderly**  
*Define different blood disorders and determine appropriate investigations*  
**Dr. Linda LaCroix**

**15:30**  
**New oral anticoagulants - Are they safe to use in the elderly?**  
*Review the evidence outlining the benefits and pitfalls of using the new oral anticoagulants in the elderly*  
**Dr. Marc Carrier**

**16:00**  
**Top geriatric articles in 2013/14**  
*Discuss the top geriatric articles from 2013/2014 and how they might impact primary care*  
**Dr. Allen Huang**

**16:30**  
**Closing Remarks & Evaluations**
Planning Committee

The Office of CPD extends special thanks to the following individuals who participated in the planning of this event:

Dr. Barbara Power – Chair, Division of Geriatric Medicine
Dr. Ruth Ellen – Division of Geriatric Medicine
Dr. Lara Khoury – Division of Geriatric Medicine
Dr. Caroline Knight – Family Medicine
Ms. Kelly Lumley Leger – Advanced Practice Nurse
Dr. Anne Monahan – Family Medicine

Accreditation

The University of Ottawa’s Office of Continuing Professional Development is accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide accredited CPD activities for family physicians and specialists. This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 6.5 Mainpro M-1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 6.5 credits. This program also meets the accreditation criteria for a maximum of 6.5 Category 1 credits toward the American Medical Association Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

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• that may result from the use of technologies, program, products and/or services at this conference
• that may arise out of, or during this conference

Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

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Mark your calendar for our 2014 courses!

Friday, June 13
11th Stroke Update for Physicians
The Ottawa Hospital, Civic campus

Friday, September 12
Skills Day for Family Physicians
University of Ottawa Skills and Simulation Centre
Online registration available!  
Save time and money by visiting us at www.med.uottawa.ca/cme

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