Inter-professional Team

- Dietician
- Manager of Patient Care
- Nursing
- Occupational therapy
- Pharmacy
- Geriatrician
- Psychiatrist
- Physiotherapy
- Psychology
- Recreation therapy
- Social Work
- Support Services
Geriatric psychiatry: the study, prevention and treatment of mental illnesses experienced by adults 65 years of age and older or younger adults with age related dementia

43-bed geriatric inpatient psychiatry unit

Patient criteria: with severe, multiple and/or complex psychiatric illnesses

Geriatric Psychiatrist: Evaluated either in a community clinic, a long-term care home or hospital prior to admission.

Length of stay: Less than 60 days

Source: 24% acute care, 45% LTC, 31% home
Continuous improvement and development of

FALLS PREVENTION STRATEGIES
Environmental Strategies for Patients at Risk

- Nursing screening for Fall Risk
- O.T./PT assessment
- Use of bed sensors
- Room modification (e.g. bed height)
- Access to room with ceiling lift
- Use of wheelchair alarms
Improving Communication with Point of Patient Care Boards

Point of Care Communication Board
- Who is responsible for care
- Pictogram showing level of assistance
- Mobility care plan
- Today’s date
- Special instructions
AMBULATION
- Independent
- Supervision
- Assist x 1
- Assist x 2
- Follow with WC

BED SET UP
- Bed sensor
- Bed low height
- Bed regular height
- Bedrails
  - Window side: UP/DOWN
  - Door side: UP/DOWN
- Mats: YES / NO

GAIT AID
- None
- Cane
- Walker
- Hand in hand

ASSISTIVE DEVICES
- Glasses
- Hearing aids: Right / Left
- Adaptive clothing
- Gown only
- Dentures: Upper/lower
- Other:__________

ADAPTIVE EQUIPMENT
- Wheelchair
  - Self-propels
  - Needs assistance
- Wheeled commode
- Broda chair
Educational Initiatives

• Safe Patient Handling Modules

• Delirium Module
BE SAFE  
SOYEZ PRUDENT
Delirium Facts...

Delirium is a medical emergency

- Often delirium is the only sign of an acute and serious medical condition
- Early recognition and treatment of delirium result in improved health outcomes
- 14-80% of elderly patients hospitalized for an acute physical illness will experience an episode of delirium
- Remember: Delirium is frightening for the person experiencing it!
- Frequently, delirium goes unrecognized due to its complexity
- Patients with delirium are at an increased risk of developing long-term cognitive and functional decline
Walking Program with OT/PT Assistant
New initiative: Strength and Balance Group
THANK YOU!