



Regional Geriatric Program of Eastern Ontario
Programme gériatrique régional de l'Est de l'Ontario

The Ottawa Hospital & University of Ottawa

Division of Geriatric Medicine

Strategic Plan

RGPEO Annual General meeting
October 23, 2015. A. Huang, MDCM



**The Ottawa
Hospital** | **L'Hôpital
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Driving forces

Seniors:

- account for almost 50% of health care spending
- occupy 60-70% of acute care hospital bed days

High risk seniors:

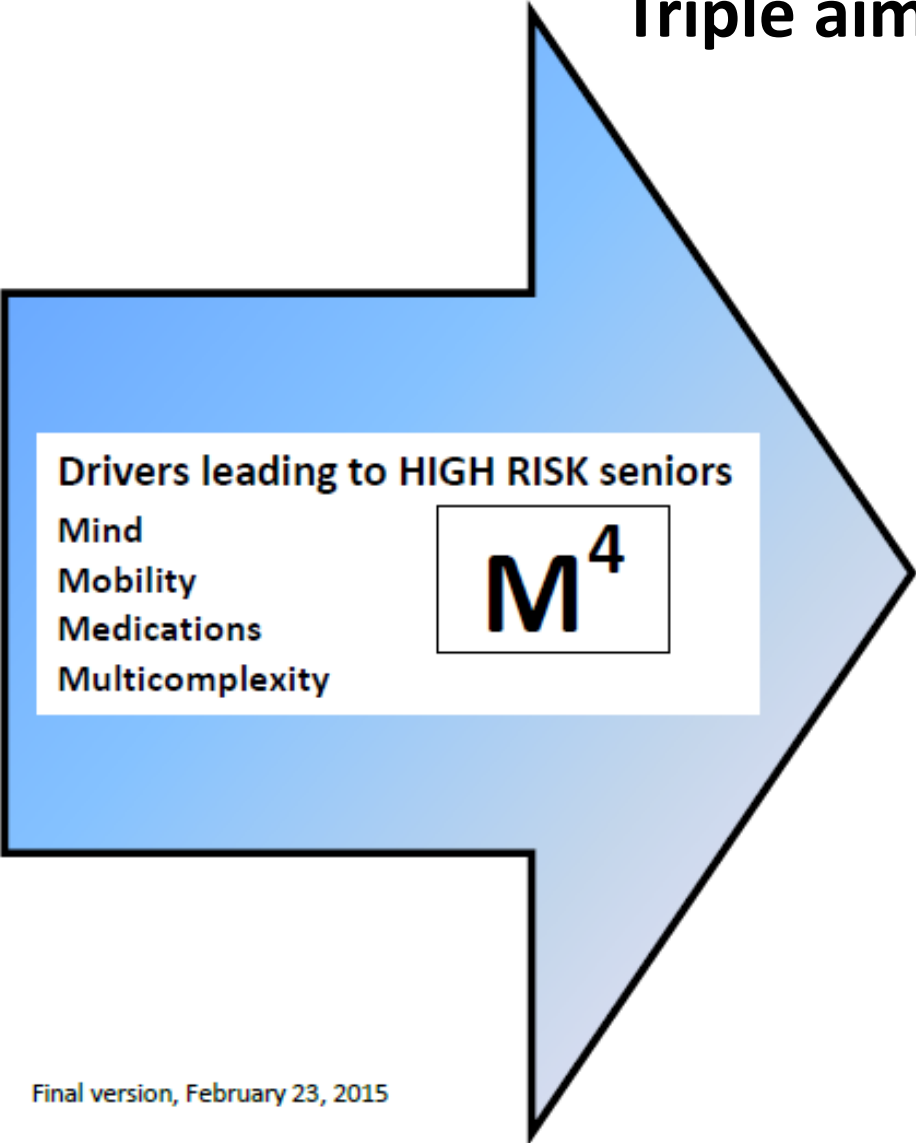
- Those who more often have long length of stays, end up needing ALC
- High risk seniors require a tailored approach

Defining Geriatric Medicine

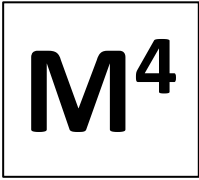
Division of Geriatric Medicine Strategic Plan (Vision 2020): Vision/Goals/Programmatic Themes

Triple aim

- TOH and Champlain Region goals
 - Better patient experience and process
 - Better quality of care at lower costs
 - Healthier Population



VISION



Programmatic themes

MIND

Delirium, dementia, depression

MOBILITY

Falls, complex gait disorders

MEDS

Appropriate medication use

MULTI-COMPLEXITY

Multiple chronic and acute on chronic conditions

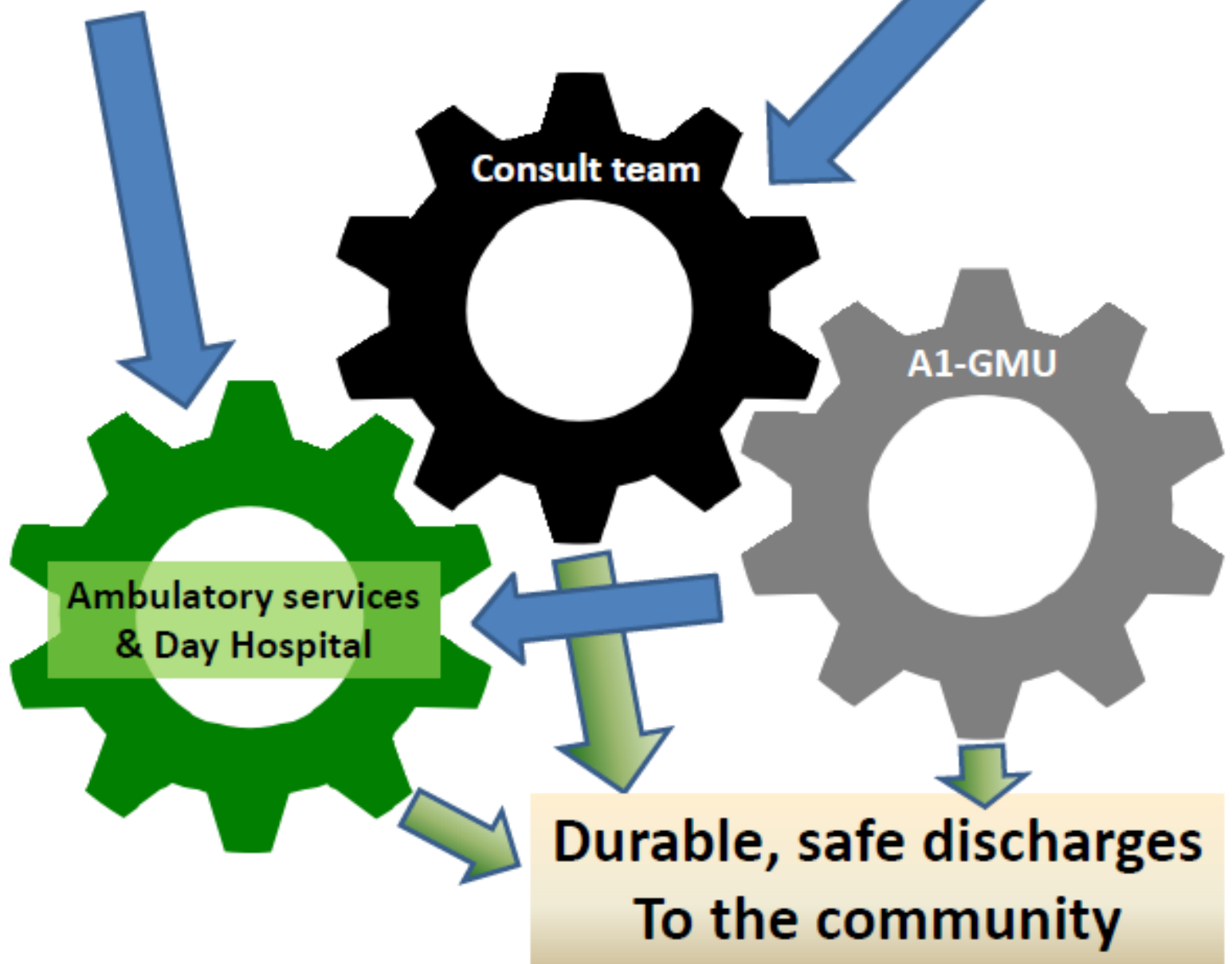
Interdependencies with psychological & social situations

Changing directions

- Renaming/rebranding:
 - Geriatric Medicine** Unit
 - Geriatric Medicine** Consult Service
 - Geriatric Medicine** Ambulatory Services & Day Hospital
- Move away from being just a 'destination'
 - ***bring Geriatrics to more patients***
- Partnership with Internal Medicine
- Expanding in-hospital delirium management

Geriatric Assessment Outreach Teams
Geriatric Emergency Management Teams

TOH inpatients



Consult team

A1-GMU

Ambulatory services
& Day Hospital

Durable, safe discharges
To the community



Regional Geriatric Program of Eastern Ontario
Programme gériatrique régional de l'Est de l'Ontario



Ontario

**Champlain Local Health
Integration Network**

**Réseau local d'intégration
des services de santé
de Champlain**

Thank you



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