

GERIATRIC ASSESSMENT OUTREACH TEAM



RGPEO.COM

Our Purpose

To provide a comprehensive health assessment for clients, aged 65 and older, in their homes or over the telephone.

Our Goals

- Improve quality of life.
- Optimize functional independence, autonomy, health and safety in the community.
- Prevent and avoid unnecessary emergency department visits and hospitalizations.

The Outreach Team is committed to working with clients, caregivers, Primary Care Physicians, Health Care Professionals and Community Support Services to keep seniors functioning as well and as safely as possible in the community.

Referral Process

Referrals are accepted with clients' consent from:

- Primary Care Physicians
- Health Care Professionals
- Clients
- Family Members
- Caregivers

Referrals are made by contacting the Intake Coordinator by telephone, fax or e-referral. Referral forms are available on our website at rgpeo.com

When to Refer to Geriatrics

- Cognition
 - recent unexplained changes
 - unclear etiology
 - need for confirmation of diagnosis
 - review of treatment options
- Mood with concurrent geriatric problems
 - depression
 - anxiety
- Falls or impaired mobility
 - recurrent falls, near falls
 - unexplained etiology
- Functional decline
- Medication management
 - polypharmacy
 - adherence concerns
 - medication errors
 - possible side effects impacting on health and function
- Multiple or complex medical problems
- Nutritional concerns
- Safety concerns
- Caregiver stress
- Frequent visits to Emergency Department or to Primary Care Physician

What to Expect

The Geriatric Assessors are registered health care professionals (Registered Nurse, Occupational Therapist, Physiotherapist or Social Worker). The Geriatric Assessor completes a comprehensive assessment which includes assessment of medical, physical, cognitive and psychosocial status, functional abilities, as well as environmental and risk factors.

The home assessment may take up to 2 hours. Our collaborative approach helps clients identify their needs and goals in order to determine appropriate recommendations.

Following the assessment, in consultation with a Geriatrician, recommendations may consist of a referral to Specialized Geriatric Services such as:

- Geriatric Day Hospital
- Geriatric Clinic
- Bruyère Memory Program
- Geriatric Rehabilitation Unit
- Geriatric Psychiatry Services

- Referrals to Community Support Services as needed

A written report with recommendations is forwarded to the Primary Care Physician and Health Care Professionals / Agencies involved.

How to Reach Us

Monday to Friday 8am to 4pm

Ottawa East (East of Bronson Ave)
Phone: 613 562-6362
Fax: 613 562-6373

Ottawa West (West of Bronson Ave)
Phone: 613 721-0041
Fax: 613 820-6659