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# GERIATRIC ASSESSMENT OUTREACH TEAM CLIENT INFORMATION

## OUR GOALS

To help you improve your health, quality of life, independence and safety, in order to help you remain in your own home as long, and as comfortably as possible.

## WHO WE ARE

The Geriatric Assessment Outreach team members are healthcare professionals (nurses, occupational therapists, physiotherapists and social workers). We see people over 65. One of our team members will visit you at home to complete the assessment. We always let your doctor know that we are coming to do an assessment. We provide a confidential service in both English and French. We also use interpreters when necessary.

## WHAT WE DO

We assess many areas of your health and day-to-day functioning. With your permission, we will be asking you questions about the following topics:

- Medical Concerns
- Mobility
- Safety/Home Environment
- Personal Care
- Memory
- Mood
- Driving Safety
- Social Issues
- Household Activities
- Nutrition

## WHAT TO EXPECT AFTER THE VISIT

After our visit, we prepare a written summary which we review with a Geriatrician at our weekly meeting. Suggestions and recommendations will be reviewed with you either at the time of our visit or later by phone. With your permission, a copy of the summary will be sent to your doctor and other appropriate agencies.

We may refer you to other specialized geriatric services such as:

- Geriatric Clinic
- Geriatric Rehabilitation Unit
- Geriatric Day Hospital
- Geriatric Psychiatry

Or other community services such as:

- Community Care Access Centre (CCAC)
- Community Health Centres
- Home Support Services

## HOW TO REACH US

EAST TEAM (if you live East of Bronson Ave.) Phone: 613 562-6362

WEST TEAM (if you live West of Bronson Ave.) Phone: 613 721-0041

