

## About Us

The Regional Geriatric Program of Eastern Ontario is a coordinated network of specialized geriatric services, from hospital to home.

Our clinical services, teaching and research are committed to optimizing the health and independence of seniors in the Champlain region.

## WHO SHOULD ATTEND?

This workshop is intended for all health care professionals of older adults who seek to improve the quality of life of their patients.

The workshop is designed to be interactive with keynote speakers and workshops, covering some of the challenging areas in the practical clinical management of geriatric patients.

Please take this opportunity to network with your peers from across the Champlain region and beyond.

## St. Elias Centre

750 Ridgewood Avenue  
Ottawa ON K1B 6N1

There is limited free  
parking on site.  
Sharing a ride  
is recommended.

Wednesday May 15, 2019

## REGISTER NOW @

<https://pubapps.ottawahospital.on.ca/wps/wcm/connect/tohenglishlibrary/public/resources/registrations/rgpeo/rgpeorefresheruserform>

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# 2019 Geriatric Refresher Day

*OPTIMIZING  
THE PRESENT  
PREPARING  
FOR THE  
FUTURE*

May 15  
2019



www.rgpeo.com



## CONCURRENT SESSIONS

**Session A** 10:15 – 11:15 am

**A1** *Preparing Our System to be READY for the Older Adult Population—Canadian Longitudinal Study*

*Dr. Philip St. John*

**A2** *End of Life Communications—Beyond DNR*

*Dr. Christopher Frank*

**A3** *Falls Workshop 1: Fall Risk Assessment - A Practical Approach for Community Dwelling Seniors*

*Cheryl McShane & Taryn Mackenzie*

**Session B** 11:20 am – 12:20 pm

**B1** *Optimizing Brain Health & Cognition - A Lifetime Strategy*

*Dr. Lori Della Malva*

**B2** **TBD**

*Dr. Kiran Rabheru*

**B3** *Falls Workshop 2: Fall Risk Assessment - A Practical Approach for Community Dwelling Seniors*

*Dr. Shirley Huang & Mary Haller*

**Session C** 1:15 – 2:15 pm

**C1** *Optimizing Transitions and Acute Care Options: Making a Difference in LTC*

*Kelly Lumley-Leger*

**C2** *Diabetes in Older Adults*

*Dr. Camilla Wong*

**C3** **TBD**

*Dr. Elliot Lee*

## AGENDA

- 8:15 - 8:50 **Registration & Networking**
- 8:50 - 9:00 **Opening Remarks**
- 9:00 - 10:00 **Keynote Presentation:**  
Keeping People Well at Home:  
Specialized Geriatric Outpatient Services  
*Dr. Phil St. John*
- 10:00 - 10:15 **Refreshments & Networking**
- 10:15 - 11:15 **Concurrent Sessions - A**
- 11:20 - 12:20 **Concurrent Sessions - B**
- 12:20 - 1:15 **Lunch**
- 1:15 - 2:15 **Concurrent Sessions - C**
- 2:15 - 2:30 **Refreshments & Networking**
- 2:30 - 3:30 **Keynote Presentation**  
Interface Geriatrics: Cross-Specialty  
Collaboration  
*Dr. Camilla Wong*
- 3:30 **Wrap-up and Evaluation**

## SPONSORSHIP INVITATION

Is your company interested in sharing it's products or information at this event?

Our \$350 sponsorship includes a table in the foyer where you can display your company's products and information, as well as a registration for 1 attendee. Your company logo will be displayed on all promotional materials both in advance and on the day of the event.

For more information please contact Stephanie Conrad at [stconrad@toh.ca](mailto:stconrad@toh.ca)