



GERIATRIC EDUCATION SERIES  
**DEPRESSION**

**DEPRESSION CASE STUDY – MRS. DEE**  
**PARTICIPANT WORKSHEET**

**Supporting Documents:**

- 1.3.1 Depression Case Study
- 1.3.3 MSIGECAPS

**IDENTIFY, SCREEN**

1. WHAT ARE YOU CONCERNED ABOUT?	
2. WHAT ARE MRS DEE'S RISK FACTORS FOR DEPRESSION?	

**ASSESS**

3. HOW WOULD YOU ASSESS FOR DEPRESSION? <ul style="list-style-type: none"><li>• How does client and daughter describe client's mood?</li><li>• Use M SIGECAPS (5+ over 2-week period):</li><li>• Observations:<ul style="list-style-type: none"><li>○ Affect, appearance of client, home</li><li>○ Behaviours, attitude, level of consciousness</li><li>○ Speech, language, thought process, thought content</li></ul></li><li>• Impact on function (ADLS or IADLs)?</li><li>• Impact on safety?</li></ul>	
4. WHAT IS YOUR IMPRESSION?	

**INTERVENE**

5. WHAT STRATEGIES AND INTERVENTIONS WOULD YOU RECOMMEND?	
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**APPLY**

**6. HOW WOULD YOU APPLY THIS TO YOUR  
WORK CONTEXT?**

RGPEO