



GERIATRIC EDUCATION SERIES

FALLS

Prevention and Protection – At Higher Risk for Low BMD or Future Fractures based on:

- | | | |
|-----------------------------------------------------------------------------|------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> history of low BMD | <input type="checkbox"/> prior fractures | <input type="checkbox"/> rheumatoid arthritis |
| <input type="checkbox"/> high alcohol intake (>3 drinks/day) | <input type="checkbox"/> smoking | <input type="checkbox"/> glucocorticoid use |
| <input type="checkbox"/> significant kyphosis (suggests vertebral fracture) | | (prednisone + steroid puffers) |

RGPEO