

# ADDITIONAL RESOURCES

## DAY 1

### FRAILTY

**Q:** For further webinars on frailty:

**Canadian Frailty Network:** [e-module](#)  
**RGPEO – Webinar:** [Dr. Rockwood \(December 2022\)](#)  
**Provincial Geriatrics Leadership Office:** [Dr. Clarke](#)

### DEMENTIA

**Q:** For further resources for people with Aphasia:

In Ottawa, please contact the Aphasia Centre.  
[Aphasia services in the Ottawa area - Aphasia Centre of Ottawa \(aphasiaottawa.org\)](#)

**Q:** For more information on the Dementia Observation System:

[Behavioural Supports Ontario – Dementia Observation System \(BSO-DOS®\) | brainXchange](#)

**Q:** For more resources and training on working with people dementia and behavioural and psychological symptoms of dementia (BPSD):

[Home | brainXchange](#)  
 Locally contact Bonnie Daros (Royal Ottawa Mental Health Centre): [bonnie.daros@theroyal.ca](mailto:bonnie.daros@theroyal.ca)

**Q:** For more information on providing support to patients with sexual expressions:

[Sexual Expression and Dementia | brainXchange](#)  
 Resource used by Timah Black-Geisterfer RN

**Q:** Support for medication administration:

Dementia Society as the Adapt Program for technology devices to support people living with dementia.

**Q:** For information on cognitive assessments:

PGLO: [Cognitive Screening Toolkit](#)  
 RGP Central: [Cognitive Assessment Tools Workshop](#)

### DELIRIUM

**Q:** For webinars on implementing the HSO Quality Standards for Delirium Prevention and Management:

**A:** RGP Toronto: [Implementation Coaching Series](#)

### DEPRESSION

**Q:** Infographic for 'The dangers of senior loneliness and isolation':

**A:** [Why Loneliness is as Dangerous as 15 Cigarettes a day for Older Adults | Welbi](#)

**Q:** Suicide Resources:

**Columbia Suicide Scale:** [About the Protocol The Columbia Lighthouse Project](#)  
 Mental Health Commission Canada: [Fact Sheet](#)  
 Canadian Coalition for Senior's Mental Health: [Resources and ToolKit](#)