



# The Mobile Rehabilitation Team

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# What is a Mobile Rehabilitation Team

- The TOHRC Mobile Rehab Team (MRT) is based on a model from Sydney, Australia
- Staff at TOHRC wanted to see if we could delay or arrest the problems associated with deconditioning, and decrease LOS in rehabilitation
- We developed a team to go into acute care and start specialized rehabilitation early
- The MRT started seeing patients in September, 2013. We are very happy with the results so far!





# Role of the Mobile Rehabilitation Team

- Mobile Rehabilitation (MRT) takes the principles and treatment of Specialized Rehab to the patient's bedside in acute care
- Patients that the MRT sees have been in acute care on average 87 days and are very deconditioned
- We see patients who are on wait lists for Specialized Rehab, but may be too ill for transfer
- MRT sees patients who have polytraumas, critical illness neuromyopathy, spinal cord injuries and acquired brain injuries
- MRT sees patients at the General, Civic and Heart Institute





# Criteria

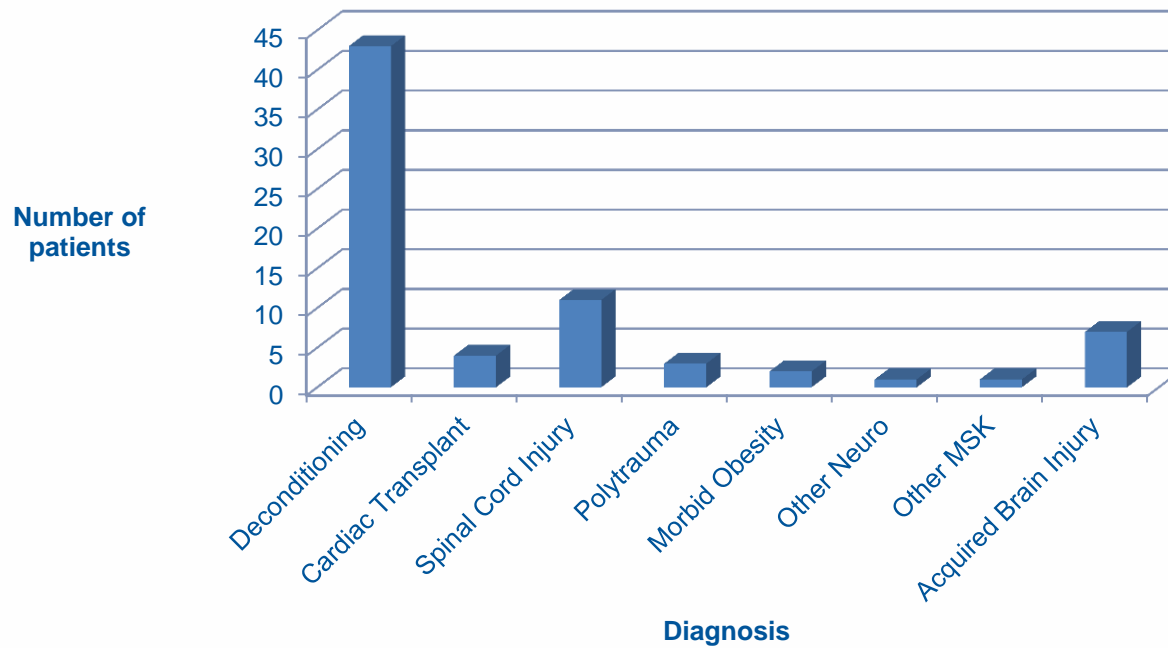
- Should have an inpatient LOS > 3 days
- Must have an impairment with identifiable realistic goals
- Must be medically stable and able to tolerate up to 60 minutes of therapy daily or every second day
- Must be alert, oriented and able to retain new information, and willing to participate in rehab
  - The patient must be accepted onto a TOHRC waitlist





# Who do we see?

## Diagnosis of Patients







## Team Members

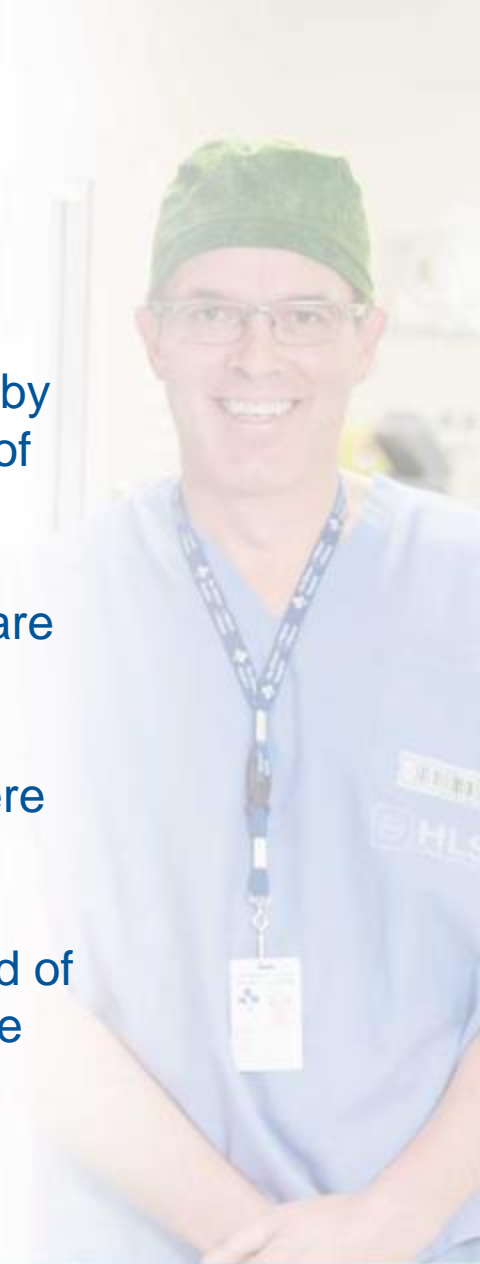
Discipline	Full Time Equivalent
Physiotherapy	0.8
Occupational Therapy	0.8
RN	0.6
Psychologist	As needed
Social Worker	As needed





# Results!

- MRT has **decreased LOS** in the pilot group of patients by an average of **5.6 days!** (compared to a similar co-hort of patients who have not been treated by MRT)
- Patients come to Rehab prepared for treatment and aware of what to expect, and ready to work
- Assessments are done by MRT therapists, therefore there is no need for TOHRC therapists to repeat them
- Patients rave about this service! It lets them see the end of a very long tunnel. Eighty percent of these patients have given the service an “excellent” rating.





# Questions?



**Members: Sherry Daigle, Clinical Manager; Josie Marino, Psychologist;  
Yvon Boudrias, PT; Tina Kuznik, OT, Debbie Shalla, RN  
Absent: Randi Lebovitch, Social Worker and Sue Geis, PT**

