

RAising Awareness! A Geriatric Refresher Day
Wednesday March 4, 2015
St. Elias Centre, 750 Ridgewood Avenue, Ottawa



This workshop is intended for health care professionals working with seniors who seek to improve the quality of life for their patients. It has been designed to be interactive, covering challenging areas in the clinical management of geriatric patients. At the end of this program the participants will be able to:

- Utilize information provided to enhance their interactions with seniors and consider the service/care they deliver
- Network with others caring for seniors to build opportunities for development and growth in the geriatric community

8.15 – 8.50 Registration Desk Opens and Refreshments

8:50 – 9.00 Welcome, Opening Remarks and Introductions – Dr. Frank Molnar

9.00 – 10:00 KEYNOTE PRESENTATION Debbie Kwan BScPhm, MSc, FCSHP
 Main Conf Room Title: Medications and the Older Adult: Approach with Caution!

10.00 – 10:15 Nutrition Break (Networking)

A 10:20 – 11:20 MORNING CONCURRENT SESSIONS

A1 Title: *Medications and Falls: Friends or Foes?*

Speaker: Debbie Kwan

A2 Title: *Helping Hands for Vulnerable Seniors Living at Risk in the Community.*

Panel Discussion
 Moderator: Dr. Louise Carrier

A3 Title: *Advance Care Planning: Not Just for the Elderly*

Speaker: Dr. Jill Rice

B 11:30 – 12:30 MORNING CONCURRENT SESSIONS

B1 Title: *Is it Parkinson's?*

Speaker: Dr. David Grimes

B2 Title: *Defining Quality of Life*

Speaker: Dr. Tom Foreman

B3 Title: *Behavioural and Psychological Symptoms of Dementia – What to do?*

Speaker: Dr. Tim Lau

12:00 - 1:15 Lunch (Networking)

C 1:15 – 2:15 AFTERNOON CONCURRENT SESSIONS

C1 Title: *Addressing Health Care Needs for Frail Seniors Using the InterRAI Tool*

Speaker: Dr. George Heckman

C2 Title: *Understanding Anemia and Other Blood Disorders in the Elderly*

Speaker: Dr. Linda Lacroix

C3 Title: *Stroke, Dementia, Diabetes – Navigating Community Services*

Panel Discussion
 Moderator: Rachel Ozer PhD MHA

2:15 – 2:30 Nutrition Break (Networking)

2:30 – 3:30 KEYNOTE SPEAKER Dr. George Heckman
Accessing Specialized Geriatric Services Through the InterRAI Tool – How Triggers Could Be Generated for Accessing Timely Services.

3:30 Wrap Up and Evaluation – Kelly Milne

The Regional Geriatric Program of Eastern Ontario would like to thank the sponsors for their generous support of the day by providing unrestricted grants.

