

RAising Awareness!

A Geriatric Refresher Day

March 4, 2015

DESCRIPTION of CONCURRENT SESSIONS

Concurrent Sessions A 10:20 – 11:20

A1 Debbie Kwan

Medications and Falls: Friends or Foes?

Falls are a leading cause of injury-related hospitalizations among Canadian seniors. There are a multitude of medications that can increase the risk of falls. Participants will work together on case vignettes to identify medications that can contribute to falls and discuss strategies to modify therapy to minimize this risk.

A2 Dr. Louise Carrier - Moderator

Panel: Daniel Levine MD, CM, FCFP; Jennifer Cavanagh BScErg, ErgAut (ON)(GPCSO); Patricia Barrett-Robillard RN, MNRS, CCHN(C)(PCO); Joyce Hamelin MSW, RSW (GAOT); Jennifer Blaise (CCAC)

Socially isolated seniors with complex co-morbidities living at risk in the community are a challenge for family physicians. How can we help them provide care and a safe environment while promoting vulnerable seniors independence and quality of life. This presentation will be a case-based learning opportunity.

A3 Dr. Jill Rice

Advance Care Planning: Not Just for the Elderly

The presentation will include a brief overview of what advance care planning is and is not. The definition of patient capacity and the role of substitute decision makers (including limitations and responsibilities) will be explored. Cases will be used to help illustrate the issues and encourage discussion.

Concurrent Sessions B 11:30 – 12:30

B1 Dr. David Grimes

Is It Parkinson's?

Attendees will be able to differentiate Parkinson's disease from other common conditions and be aware of features that could suggest a more rare form of parkinsonism. Using extensive patient videos, key features on the physical examination to look for will be highlighted.

B2 Dr. Tom Foreman

Ethical Challenges Encountered in Defining Quality of Life in Geriatric Population

The presentation will focus on exploring the variety of ways in which quality of life can be understood. Specifically focusing on how taking a holistic approach to the patient can improve health care providers' ability to understand what quality of life would mean for the patient themselves. Ethical principles such as beneficence and autonomy will be considered in the context of quality of life.

B3 Dr. Tim Lau

Behavioural and Psychological Symptoms of Dementia – What to do?

Behavioural and psychological symptoms in dementia is an umbrella term that embraces a heterogeneous group of non-cognitive symptoms and behaviours that occur in people with dementia. For both caregivers and patients it is frequently cited as the most distressing and functionally limiting aspect of dementia. Pharmacotherapy for this condition is frequently questioned. What can be done?

Concurrent Sessions C 1:15 – 2:15

C1 Dr. George Heckman

Addressing Health Care Needs for Frail Seniors Using the InterRAI Tool

C2 Dr. Linda Lacroix MD FRCPC

Understanding Anemia and Other Blood Disorders in the Elderly

This presentation will define different blood disorders and determine appropriate investigations.

C3 Rachel Ozer - Moderator

Panel: Karen Roosen BSc; Frank Molnar MD, MDCM, FRCPC; Lisa Herlehy RN, MN, CDE; Leah Bartlet; Suzanne McKenna

Organized collaboratively by the Alzheimer's Society of Ottawa and Renfrew County, and Champlain Regional Stroke Network, this panel will discuss examples where comorbidities create complex situations for navigating the system. The panelists and the audience will collectively arrive at ways to make best use of health care resources and navigate the system.