



Rural Assess and Restore Community Program – Pilot Project

Senior Friendly Hospital & Rehabilitation Network Symposium February 25, 2016





Overview of Pilot Project

- Develop and test a proof of concept for an assess and restore delivery model for high risk seniors that identifies service components appropriate to a rural setting
- Collaborative project co-lead by Carleton Place & District Memorial Hospital and the Regional Geriatric Program of Eastern Ontario
- Oversight provided by the Rehabilitation Network of Champlain (RNOC)
- Steering committee comprised of regional partners meeting regularly to provide guidance and support throughout system level planning and implementation





Objectives of Pilot

Combine a Geriatric Emergency Management (Gem) Nurse and a Community
 Geriatric Assessor role in a rural community to identify and assess high risk seniors.

Improve access to Specialized Geriatric Services and Community Support Services

 Test the effectiveness of the Assessment Urgency Algorithm (AUA) ED Screener as a screening tool to identify seniors at risk.





Combined GEM & Geriatric Assessor Role

Geriatric Emergency Management (GEM):

 A program aimed at identifying <u>seniors at risk</u> who will be discharged home from the ED, in order to initiate <u>early referral</u> to Specialized Geriatric Services and Community Support Services

Geriatric Assessor:

- Provides a multidimensional screening home assessment to clients ≥ 65 who live in their home or Retirement Home
- Receives referrals through inpatient discharges or GEM
- Supports Care of the Elderly physician in the clinic





Combined GEM & Geriatric Assessor Role

- Time is divided between GEM nurse and Geriatric Assessor roles
- Building capacity

Keys To Success:

- Candidate right fit
- Collaboration with community partners
- Education
- Communication
- Link with Physician (ACE)





Pilot Results to Date

Assess & Restore Rural Pilot Project Statistics: September 14 - December 31, 2015

	GEM STATISTICS	OUTREACH STATISTICS	COMBINED
Assessments	85	9	94
Almonte Day Hospital Referrals	12	4	16
Geriatric Clinic Referrals	8	3	11
CCAC Referrals	20	2	22
Going Home Program Referrals	22	0	22
Lanark County Mental Health Referrals	7	0	7



Case Study



- 84 year old female
- Presented to Emergency Department (ED) at CPDMH
- Complaints of pain, and personal care issues. Patient has a humerus fracture from a fall last month.
- Geriatric assessment done in the ED by GEM.
- Recommendations were implemented based on findings from the GEM assessment



Issues identified through Geriatric Assessment in ED



Mood

- Sad, depressed
- Mourning lost family member
- Estranged from other family
- Anxious about finances

Mobility / Falls



- Fracture left humerus after feeling dizzy and falling1 month ago
- Unable to elevate left arm
- Pain in left arm

Function

- Independent with most ADLs
- Needs some help with cooking
- Does not drive, transportation is difficult







Recommendations Implemented

Primary
Care
Outreach

Support at home

Lanark County Mental Health

Assessment of moods, assist with grieving process and depression

Almonte Day Hospital

Assess and provide treatment for mobility and pain

Community
Support/
Going Home
Program

Provide transportation from hospital, meals on wheels and light housekeeping





Discussion and Questions

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