

SYNERGIZE!

Increased effectiveness or achievement produced by
combined action and co-operation.



A Geriatric Refresher Day

KEYNOTE SPEAKERS

DR. ROSS UPSHUR BA(Hons.), MA, MD, MSc, CCFP, FRCPC

Ross Upshur is the Head, Division of Clinical Public Health at the Dalla Lana School of Public Health and the Assistant Director of the Lunenfeld Tanenbaum Research Institute, Sinai Health System. At the University of Toronto he is a Professor at the Department of Family and Community Medicine and Dalla Lana School of Public Health, Adjunct Scientist at the Institute of Clinical Evaluative Sciences, an affiliate of the Institute of the History and Philosophy of Science and Technology and a member of the Centre for Environment. He was Director of the Joint Centre for Bioethics at the University of Toronto from 2006-2011 and Canada Research Chair in Primary Care Research from 2005-2015.

He serves on the CIHR Institute of Aging Advisory Board and on the Board of the Toronto Regional Geriatric Program. He is a member of The Royal College of Physicians and Surgeons of Canada and the College of Family Physicians of Canada. In 2015 he was named one of the 20 Pioneers of Family Medicine Research in Canada. His recent research has focused on understanding the provision of care for complex seniors in primary care.

DR. THOMAS FOREMAN, DHCE, MA, MPIA

Dr. Foreman holds a Doctor of Health Care Ethics degree from Duquesne University, and completed a post-doctoral Fellowship at the Joint Centre for Bioethics at the University of Toronto. He is currently the Director of the Department of Clinical and Organizational Ethics at The Ottawa Hospital and the University of Ottawa Heart Institute, Director of the Champlain Regional Centre for Health-Care Ethics, Assistant Professor University of Ottawa Faculty of Medicine, Division of Palliative Medicine, Clinical Investigator, The Ottawa Hospital Research Institute, and Canada Chair of the Cambridge Working Group for Bioethics Education.

CONCURRENT SPEAKERS

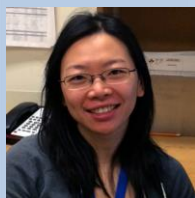
DR. SHIRLEY HUANG MSc MD FRCPC

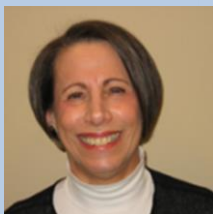
Dr. Shirley Huang earned her Doctor of Medicine degree at the University of British Columbia (UBC) in 2007. She completed her Internal Medicine and Geriatric Medicine training at UBC. She joined the Division of Geriatric Medicine at The Ottawa Hospital as a staff Geriatrician in February of 2015 and she is also a Lecturer in the Faculty of Medicine at the University of Ottawa. She enjoys all aspects of caring for geriatric patients and their families, but has particular interest in dementia, falls, polypharmacy and issues of healthcare quality and patient safety

DR. FRANK MOLNAR BSc MSc MDCM FRCPC

Dr. Molnar is a specialist in Geriatric Medicine at the Ottawa Hospital, an Associate Professor of Medicine at the University of Ottawa, an Affiliate Investigator at the Ottawa Hospital Research Institute Clinical Epidemiology Program, and an Affiliate Scientist in the Elizabeth Bruyere Research Institute.

Dr. Molnar currently serves as the Medical Director of the Regional Geriatric Program of Eastern Ontario, Co-chair of the Champlain Regional Geriatric Advisory Committee, Co-Chair of the Champlain Dementia Network, and is on the Executive of the Canadian Geriatrics Society. He is an investigator on 12 peer-reviewed grants totalling greater than \$8 million and is an author of more than 60 publications.





RHONDA SCHWARTZ BA MA

Rhonda Schwartz currently serves as Director, System Planning, Implementation and Quality at Seniors Care Network. She brings to this role extensive health care experience including direct clinical care, clinical education and various leadership roles. She holds a Masters' Degree and has held university academic appointments.

In her current role, Rhonda provides leadership and expertise in the areas of quality, performance management, process management and risk management to the team, as well as to programs, committees and projects in the network. In previous Director roles, Rhonda was responsible for the strategic and operational leadership of quality, patient safety and risk management at both an academic health science centre focused on geriatric care and an acute community academic hospital.

Rhonda has a successful track record of spearheading strategic and inter-organizational initiatives. She is an innovative, values-driven and result-oriented leader with a reputation for transforming vision into reality.

DR. DALLAS SEITZ MD PhD FRCPC

Dr. Seitz is an Assistant Professor and Clinician Scientist in the Division of Geriatric Psychiatry at Queen's University. He completed his MD at the University of Saskatchewan in 2003 and his psychiatric residency training at Queen's University. Dr. Seitz completed fellowship training in clinical epidemiology at the University of Toronto and recently completed his PhD in Clinical Epidemiology and Health Services Research at the Institute of Health Policy, Management and Evaluation at the University of Toronto.

His current research examines health service utilization of older adults with psychiatric disorders; evaluation of the safety and efficacy of treatments for geriatric mental health conditions; and, knowledge translation in geriatric mental health. His research has been supported by the Alzheimer Society of Canada, the Alzheimer's Association, and the Canadian Institutes of Health Research.



DR. ED SPILG MBChB(Hon) MSc FRCP(UK)

Dr. Ed Spilg graduated MBChB with Honours from the University of Glasgow School of Medicine, Scotland, in 1990. Dr. Spilg completed Higher Specialist Training in Geriatric Medicine in the West of Scotland Training Program in 1999. He was appointed full time NHS Consultant in Geriatric Medicine in NHS Greater Glasgow in 1999. He was awarded Fellowship of the Royal College of Physicians (Glasgow, UK) in 2001. He graduated MSc in Clinical Leadership with Distinction from the University of Glasgow Business School, Scotland, in 2010. He has held the posts of Lead Clinician within the Department of Geriatric Medicine in West Glasgow Hospitals, Deputy Director of Medical Education in NHS Greater Glasgow & Clyde Health Board and Associate Postgraduate Dean for Performance Support in NHS Education for Scotland (West Region). Dr. Spilg emigrated from Glasgow, Scotland to Ottawa, Ontario, in January 2015 to take up a Full-Time Academic position at the rank of Assistant Professor in the Department of Medicine at the University of Ottawa and staff physician at the Ottawa Hospital within the Division of Geriatric Medicine.



DR. CARA TANNENBAUM MD MSc

With over 10 years of consecutive funding from the Canadian Institutes of Health Research as well as an FRS-Q chercheur-boursier senior award, Dr. Tannenbaum is a leader in cutting-edge geriatric research both nationally and internationally. In 2008, Dr. Tannenbaum became the inaugural Chair of the Michel Saucier Endowed Fund in Geriatric Pharmacology, Health and Aging of the Faculty of Pharmacy at the Université de Montréal. In 2013, the Institute of Aging of the Canadian Institutes Health Research presented her with the Betty-Havens Knowledge Transfer Award.

She is Full Professor in the Faculties of Medicine and Pharmacy at the Université de Montréal. As Director of the Geriatric Incontinence Clinic at the Institut universitaire de



gériatrie de Montréal, her clinical practice fuels her vision for her patient-oriented research program. Dr. Tannenbaum obtained her medical degree at McGill University in 1994 and specialty training in geriatric medicine and older women's health. She has a Master's Degree in Epidemiology and Biostatistics in 2002 at McGill University. She is Scientific Director of the CIHR Institute of Gender and Health commencing January 2015.

Dr. Tannenbaum's research focuses on best practices in pharmaceutical care for the elderly, better understanding the drug-brain-bladder connection in women and men, self-management, mental health indicators and outcomes, and gender-based analysis. Through her work, she aims to deconstruct ageism for issues related to incontinence, cognitive impairment, mental health and inappropriate prescribing. She is currently leading an international clinical trial funded by the European Research Area on Aging to increase healthy active life expectancy for women across France, the UK and Canada. She holds partnerships with the Public Health Agency of Canada, Public Health England and Santé publique de la France. Dr. Tannenbaum is an active member of the Polypharmacy Committee for the Institut national de santé publique.

DR. RAMESH ZACHARIAS MD FRCS DAAPM CMD

Dr. Zacharias graduated with his Doctorate in Medicine in 1980 from the University of Western Ontario. He then did a Rotating Internship at St Michael's Hospital in Toronto followed by a Fellowship in General Surgery at the University of Western Ontario. Subsequent to this he was the Senior Research Fellow at the University of Washington in the Department of Vascular Surgery from 1985-1987.

His clinical practice was Emergency Medicine from 1981-2005. Since then he has worked in a community based clinic with a focus on Chronic Pain Management. Dr Zacharias has a special area of interest in Pain Management in Older Persons. He published an article in the Journal of Diagnosis in April 2010 addressing that issue.

He is currently the Medical Director at the Village of Erin Meadows, a 180 bed Long Term Care (LTC) facility in Mississauga, Ontario. He has developed an inter-disciplinary pain program at the LTC facility involving over 10 different disciplines providing a coordinated approach to managing pain of the residents. In May 2009, Dr Zacharias received his Diplomate from the American Academy of Pain Management and received the designation of Certified Medical Director (CMD) of Long Term Care facilities from the American Medical Directors Association in December 2009. He is currently the Director of Clinical Services of Schlegel Villages which manages 2500 LTC and Retirement Home beds.

Dr. Zacharias is also an Assistant Clinical Professor in the Department of Anesthesia McMaster University.

In June 2012 he was appointed as a Coroner in the Province of Ontario. On April 15, 2014 Dr. Zacharias was appointed as the Medical Director of the Michael G. DeGroot Pain Clinic at Hamilton Health Sciences, which is the amalgamation of the interventional Pain Management Centre at the General Hospital and the Chronic Pain Management Unit at Chedoke Hospital.

