

# ORGANOLOGIST VS. INTEGRATIONIST

## A Geriatric Refresher Day

### **KEYNOTE SPEAKERS**

#### **Samir Sinha, MD DPhil FRCPC**



Dr. Samir Sinha is a passionate and respected advocate for the needs of older adults. Dr. Sinha currently serves as the Director of Geriatrics of the Sinai Health System and the University Health Network in Toronto and the Peter and Shelagh Godsoe Chair in Geriatrics at Mount Sinai Hospital. He is also an Associate Professor in the Departments of Medicine, Family and Community Medicine, and the Institute of Health Policy, Management and Evaluation at the University of Toronto and an Assistant Professor of Medicine at the Johns Hopkins University School of Medicine.

A Rhodes Scholar, after completing his undergraduate medical studies at the University of Western Ontario, he obtained a Masters in Medical History and a Doctorate in Sociology at the University of Oxford's Institute of Ageing. He has pursued his postgraduate training in Internal Medicine at the University of Toronto and in Geriatrics at the Johns Hopkins University School of Medicine.

Dr. Sinha's breadth of international training and expertise in health policy and the delivery of services related to the care of the elderly have made him a highly regarded expert in the care of older adults. In 2012 he was appointed by the Government of Ontario to serve as the expert lead of Ontario's Seniors Strategy and he is now working on the development of a National Seniors Strategy. In 2014, Canada's Maclean's Magazine proclaimed him to be one of Canada's 50 most influential people and its most compelling voice for the elderly.

Beyond Canada, Dr Sinha has further consulted and advised hospitals and health authorities in Britain, China, Iceland, Singapore and the United States on the implementation and administration of unique, integrated and innovative models of geriatric care that reduce disease burden, improve access and capacity and ultimately promote health.

#### **Vicky Scott RN PhD**



Dr. Vicky Scott is a Registered Nurse and Clinical Professor with the School of Population and Public Health at the University of British Columbia (BC) and a core researcher with Centre for Hip Health and Mobility. From 2001 to 2015, Dr. Scott served as the Senior Advisor on Fall and Injury Prevention with the BC Injury Research and Prevention Unit and BC Ministry of Health.

Dr. Scott has lead, or co-lead, over forty studies on seniors' mobility, fall and injury prevention in community, long-term care and acute care settings, as well as a project on fall and fire prevention among First Nations elders. She is also the National lead for the Canadian Falls Prevention Curriculum and author of the 2017 edition of *Fall Prevention Programming* – a comprehensive guide for the development, implementation and evaluation of evidence-based fall prevention strategies.

Dr. Scott has been recognized for her ability to translate research evidence into practical and sustainable solutions by the Canadian Institutes of Health Research 2007 *Knowledge Translation Award* – “the highest level of recognition for the advancement of the translation of research in aging in Canada”. Other awards include the 2011 *Biennial Award for Collaborative Excellence from the Canadian*

Collaborative Centres for Injury Prevention, the 2008 *BC Premier's Award for Innovation and Excellence*, and the *Patient Falls Prevention Research Award* from the US Department of Veteran Affairs for “transforming Fall Prevention Practices”.

### **CONCURRENT SPEAKERS**

#### **Samantha Boshart BMSc(Hon) MD**

Dr. Samantha Boshart is both Anishinaabe and German Mennonite descent from the golden eagle clan (kinew dodem) and a member of the Chippewas of the Thames First Nation (deshkaanziibi). She graduated with an Honours Bachelor of Medical Science in 2005, Doctor of Medicine in 2011 and completed her family medicine residency in 2013. In her spare time she teaches and practices yoga, with over 500 hours of personal practice.

She is committed to providing medical education to future physicians regarding the impact of racism, ignorance and complacency on the health outcomes of Indigenous people in her role as faculty member at the Schulich School of Medicine and Dentistry at Western University. She then uses both her knowledge of allopathic and Indigenous medicine to support and encourage the patient down a path of healing and wellness. Dr. Boshart is inspired to work with Indigenous people to encourage them to reclaim their health and wellness. She intends to improve the health of her patients through a combination of Western and Indigenous approaches.

#### **Anna Byszewski MD Med FRCPC**

Dr. Byszewski's clinical practice centers on Geriatric Medicine, attending at The Ottawa Hospital (TOH), and conducting site visit clinics and telehealth clinics to Pembroke, Ontario, Canada. She is the previous director of the Geriatric Day Hospital, The Ottawa Hospital. Her areas of interest in medical education include knowledge translation and evaluation around CanMEDS roles. Her clinical expertise and research in geriatric medicine include Osteoporosis, Insomnia, and Driving Safety and Caregiving issues in dementia. She was the Chair of a task group for the Dementia Network of Ottawa that produced the Driving and Dementia Toolkit, an internationally recognized resource manual for health care workers and patients/caregivers dealing with this issue. She is involved in developing and teaching communication/collaboration skills and professionalism in the medical curriculum. She is the Director, Professionalism, Undergraduate Program, University of Ottawa; and ePortfolio content expert and eportfolio faculty development.

#### **John Puxty MD ChB MRCP FRCPC**

Dr John Puxty is currently an Associate Professor and Chair of the Division of Geriatric Medicine in the Department of Medicine at Queen's University. He is co-Director of the Centre for Studies in Aging and Health at Providence Care. He is the Clinical Lead for the Southeast Ontario Clinical Service Roadmap for Restorative Care, Co-Chair of the Executive of the Seniors Health Knowledge Network and Chair of the Ontario Network of RGPs.

He has certification as an Internal Medicine Specialist in Geriatric Medicine in both Britain and Canada. He is an experienced academic geriatrician who has an extensive list of publications and academic presentations, and is the co-editor of two books. He has special interests in the development of eldercare services, distance-education and the use of information technology both as an aid to learning and strategies for effective Knowledge and Information transfer.

Dr Puxty's educational roles include supervising clinical clerks and residents on geriatrics rotations, FSGL Tutor, member of Queen CPD Committee and Chair of Planning Committees for several recent Geriatrics CPD events.





### **Kiran Rabheru MD CCFP FRCP DABPN**

Dr. Rabheru is a Full Professor of Psychiatry at the University of Ottawa. In 2014, he was certified as a subspecialist in Geriatric Psychiatry by the Royal College of Physicians and Surgeons of Canada. Also in 2014, he was recertified as a geriatric psychiatrist by the American Board of Psychiatry and Neurology. Currently at The Ottawa Hospital, he serves as Medical Director of the Geriatric Psychiatry and ECT Program, as well as the Behavioral Support Team.

Kiran obtained his MD at UWO in 1980, completed a rotating internship at Victoria Hospital in London, Ontario, and enjoyed his career as a general practitioner for 5 years, which he maintains has grounded him in “real life medicine”. He became certified in Family Medicine in 1987 and obtained Fellowship in the College of Family Physicians of Canada in 2004.

Kiran has been passionate and committed to serving the elderly throughout his career. He is recognized nationally and internationally as a Founder of the subspecialty of Geriatric Psychiatry. He is the recipient of Outstanding Achievements in Geriatric Psychiatry in Canada award by the Canadian Academy of Geriatric Psychiatry (CAGP). Kiran has served as President of the Canadian Academy of Geriatric Psychiatry and was a Board member of the Canadian Psychiatric Association (CPA) for four years. Dr. Rabheru has recently presented at the United Nations (U.N.) on Ageism and strongly advocated for a U.N. Convention on the Rights of the Rights of the Older Person.

### **Amanjot Sidhu MD FRCPC**

Dr. Amjot Sidhu is a Clinical Scholar, Division of Geriatric Medicine, Department of Medicine at McMaster University. She graduated from Xavier University School of Medicine and completed residency in Internal Medicine at the University of North Carolina at Chapel Hill, Greensboro Cone Health Campus. She completed further training in Geriatric Medicine at McMaster University, as well as a fellowship in Geriatric Nephrology at the University of Toronto. She is currently practicing Geriatric Medicine at Hamilton Health Sciences and has started a Masters in Health Care Administration through McMaster University. Her research interests include pain management in the elderly, exploring the potential role of cannabinoids in pain management and improving quality of life in the elderly.



### **ROSS UPSHUR BA(Hon), MA, MD, MSc, CCFP, FRCPC**

Dr. Ross Upshur is the Head, Division of Clinical Public Health at the Dalla Lana School of Public Health and the Assistant Director of the Lunenfeld Tanenbaum Research Institute, Sinai Health System. At the University of Toronto he is a Professor at the Department of Family and Community Medicine and Dalla Lana School of Public Health, Adjunct Scientist at the Institute of Clinical Evaluative Sciences, an affiliate of the Institute of the History and Philosophy of Science and Technology and a member of the Centre for Environment. He is a member of The Royal College of Physicians and Surgeons of Canada and the College of Family Physicians of Canada.



His current interests include managing complex chronic disease in aging adults, clinical measurement, the concept of evidence in health care, philosophy of medicine including medical epistemology and the integration of ethics and clinical reasoning, public health ethics, global health ethics, empirical approaches in bioethics, primary care research methods, time series applications in health services research, communicable disease and environmental epidemiology. He has over 350 publications including more than 200 peer reviewed publications spanning these domains.