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Alzheimer's Disease / Dementia

- Depression / Mood

Depression / Mood	<p><b>Mood and Related Disorders</b> Baycrest <a href="http://www.baycrest.org/education-43.php">http://www.baycrest.org/education-43.php</a></p> <p><b>What older adults, their families and friends need to know about...Anxiety</b> Centre for Addiction and Mental Health <a href="http://www.camh.net/About_Addiction_Mental_Health/Mental_Health_Information/IOA_Anxiety.pdf">http://www.camh.net/About_Addiction_Mental_Health/Mental_Health_Information/IOA_Anxiety.pdf</a></p> <p><b>What older adults, their families and friends need to know about...Depression</b> Centre for Addiction and Mental Health <a href="http://www.camh.net/About_Addiction_Mental_Health/Mental_Health_Information/IOA_Depression.pdf">http://www.camh.net/About_Addiction_Mental_Health/Mental_Health_Information/IOA_Depression.pdf</a></p> <p><b>Depression in older adults: a guide for seniors and their families</b> Canadian Coalition for Seniors' Mental Health (CCSMH) <a href="http://www.ccsmh.ca/pdf/ccsmh_depressionBooklet.pdf">http://www.ccsmh.ca/pdf/ccsmh_depressionBooklet.pdf</a></p>
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These resources are provided for information purposes only and are not intended as a substitute for medical care. If you have any questions about your healthcare, please consult your healthcare provider. Inclusion of a resource does not imply endorsement by The Ottawa Hospital. If you would like more information about this topic please contact the [Patient and Family Library](#), Civic Campus, Main Building, Room D100A.

Hours: Monday - Friday: 8:30 a.m. – 12:30 p.m. & 1:00 p.m. - 3:30 p.m.  
Telephone: 613-798-5555 ext 13315  
Email: [patientlibrary@ottawahospital.on.ca](mailto:patientlibrary@ottawahospital.on.ca)

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