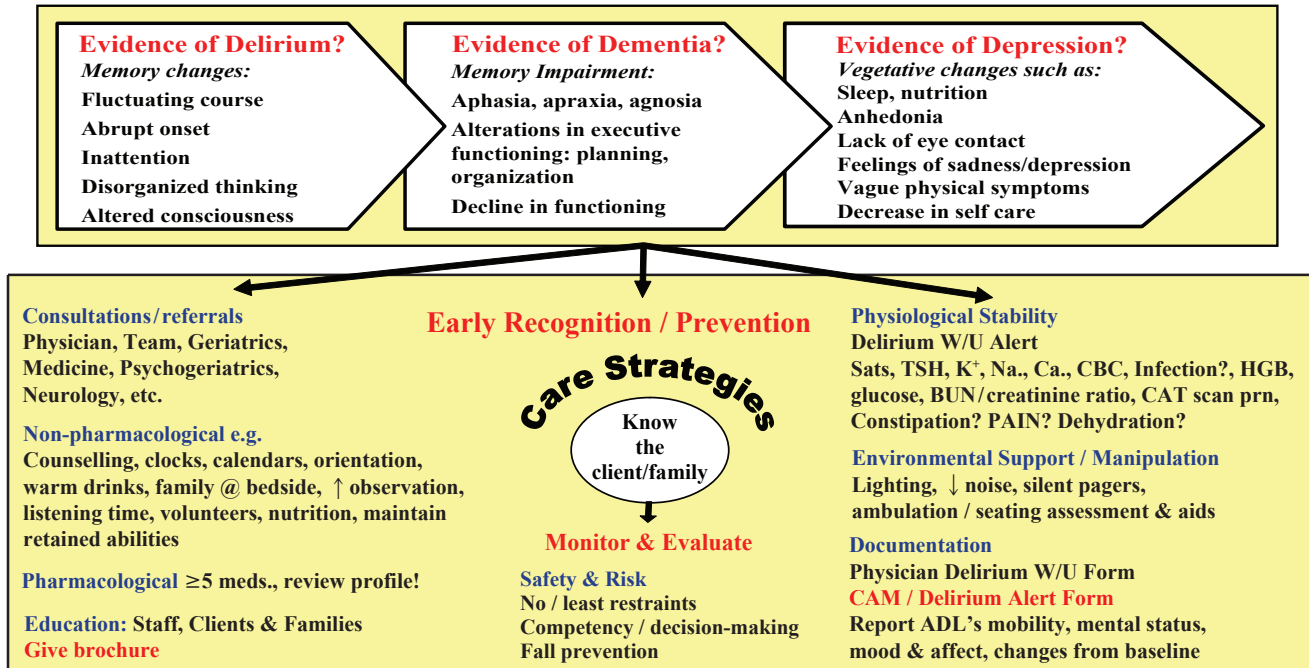
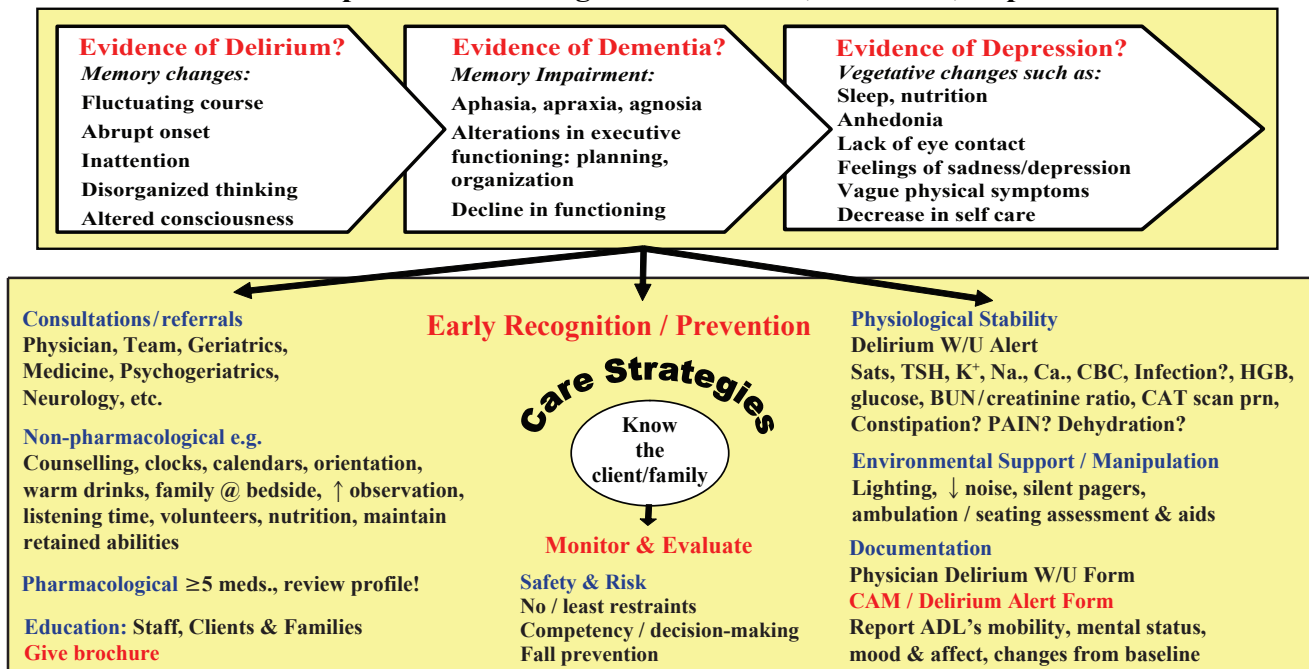


## Kaleidoscope of Care Strategies for Delirium, Dementia, Depression



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## Differences in Delirium, Dementia and/or Depression

Feature	Delirium	Dementia	Depression
Onset	Acute, abrupt	Chronic, slow	Variable
Course	Short, fluctuating, often worse at night	Long, progressive yet stable over time	May change during the day & often worse in the morning
Attention Span	Impaired, unfocused, distracted	Generally normal	Normal. Minimal impairment yet distractable
Orientation	Impaired, fluctuates within short time frames	↑ disorientation over time. May develop after months to years	Selectively intact: "I don't know."
Sleep	Disturbed (may have hour to hour variations)	Stable (may have day/night reversals)	May be too much or too little
Level of Consciousness	Altered, fluctuating	Not clouded until end stages	Stable unless sleeping too much or too little
Thinking	Disorganized, distorted, rambling	Need concrete instructions, poor judgements, ↓ problem-solving skills	Intact but with themes of hopelessness, helplessness

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