

Centre for Family Medicine Family Health Team (CFFM) Memory Clinic Model

- Why?** - Benefits patients and caregivers
- Addresses current healthcare resource constraints
 - Benefits FHT physicians!

Benefits to FHT Physicians:

- Satisfied patients and caregivers (based on 3-year evaluation of CFFM Memory Clinic)
- Early diagnosis, comprehensive management and supports → aim to reduce crisis visits to family physician and to hospital
- Driving concerns assessed and managed
- Appropriate use of specialists' referrals and community supports: Over 3 years, CFFM Memory Clinic has managed 92% of patients referred by FHT physicians without need for specialist referral; appropriate diagnosis and management has been confirmed by independent chart audit by 2 geriatricians
- Patient's own family physician maintains a central role in management: The Memory Clinic physician acts as a resource to the patient's own family physician, providing comprehensive assessments and management plan and guiding the family physician with detailed, understandable clinic notes and intermittent reassessment.

Structure of the FHT Memory Clinic

- 1 – 2 clinics per month, approximately 6-8 patients assessed per clinic
- Ideal minimum staff per clinic: 1 physician, 2 nurses, 1 social worker/mental health worker; can include other disciplines
- Memory Clinic Lead Physician remuneration: all out-of-basket – FHT physicians will not be negated for referring patients to the FHT Memory Clinic

For interested Memory Clinic Lead Physicians:

Based on the experience of the CFFM Memory Clinic and that of the 30 other primary care Memory Clinics trained through our program, leading a FHT Memory Clinic may provide some of the most challenging, rewarding, and meaningful work in medicine! In partnership with the Ontario College of Family Physicians, the CFFM Memory Clinic has developed a comprehensive interprofessional Memory Clinic Training Program, consisting of a 2 day workshop, 1 day observership, and 2 days of mentorship at your site. The program is accredited for **17 MainPro-C credits**. You will have geriatrician support, and the team can be led by more than one family physician.

Your commitment:

- Attendance at CFFM/OCFP training program (workshop, observership and mentorship)
- Lead 1-2 clinics per month (based on CFFM experience, approximately 0.6-0.7h of physician time is required per patient)