



# Engage

your mind & expand your  
geriatric skills

## DESCRIPTION of Concurrent Sessions

### Concurrent Session A: 10:20 – 11:20

#### **A1 Dr. Helen O'Connor**

##### ***Obesity and Weight Management in the Elderly***

This presentation will give an overview of the scope of the problem of overweight/obesity in the elderly from a population perspective. Clinical implications of overweight/obesity in the elderly will be examined. The presentation will also include a review of practical recommendations for counseling patients on weight management strategies in primary care.

#### **A2 Rosemary Zvonar**

##### ***Challenges in the Use of Antibiotics in the Elderly***

The elderly are at increased risk of infections and, as a result, antibiotic prescribing is common in this population. This presentation will address some of the challenges encountered in the elderly and residents of long term care facilities related to the diagnosis of infection and the prescribing and administration of antimicrobials. Urinary tract infection will be used as a case study.

#### **A3 Dr. John Puxty**

##### ***High Risk Profiling at Points of transitions in care: the use of the Assessment Urgency Algorithm to flag individuals at risk of adverse outcomes and guide to planning of community and hospital responses***

The experiences within SE Ontario of introducing a high-risk profiling tool as part of the Clinical Service Roadmap in Restorative Care which seek to target an integrated cross-sectorial response to the care needs of frail seniors presenting to the ER and hospitals within SE Ontario will be presented.

### Concurrent Session B : 11:30 – 12:30

#### **B1 Dr. Ramish Zacharias**

##### ***Lessons learned from pain management in LTC that could be transferable to other streams such as retirement homes***

The principles of pain management in LTC, screening/assessing/documenting, appropriate non-pharmacological and pharmacological options, treatments and options.

#### **B2 Wendy Dunn & Dr. Dr. Sadhana Prasad**

##### ***Geriatric Glue in Rural Primary Care***

The North Perth FHT, Listowel, ON has created a model to support seniors and families with navigation and transition from sector to sector. A NP, with specialized geriatric education, works closely with primary care physicians, consulting geriatrician, hospital, community agencies, and retirement homes by providing assessments where the senior is located. This model of providing Complex Geriatric Care can be easily replicated in small Rural communities for enhanced efficiencies and concerted patient care.

#### **B3 Dr. Kiran Rabheru, MD**

##### ***Recognition & Management of Behavioral & Psychological Symptoms of Dementia (BPSD)***

Participants will be provided relevant up to date information including the identification and management of common behavioral crisis presented by patients and families in the home, on the ward, facility and in the ER, the role of non-pharmacological & pharmacological management and a review of the evidence on BPSD.

### Concurrent Session C: 1:15 – 2:15

#### **C1 Dr. Allen Huang**

##### ***One Minute to prescribe. One Million Minutes to Stop***

Many medications are started for appropriate indications. However, as an older patient's conditions change a reassessment of all treatments needs to be periodically done. Concepts covered will include a review and reconciliation of all meds at transitions of care, and narrow therapeutic index drugs, the time to benefit of drug therapy and principles of stopping drugs.

#### **C2 Dr. Barbara Power & Julie Sills**

##### ***Help! An Approach to the assessment and management of Nutritional Problems in the Elderly***

Topics will include the scope of a Nutritional Assessment in the care of the Elderly and a description of interventions and management of Nutritional Challenges in the elderly.

#### **C3 Dr. Lindy Kilic**

##### ***Primary, Timing and Miming Recovery***

In this presentation, participants will identify key triggers for aggressive/defensive behaviours during personal care, understand the meaning of these triggers from the perspective of the client/patient and learn to utilize the "Priming, Timing, Miming" concepts as "go-to" strategies for planning behavioural care approaches.