

Social Injustice & The Social Determinants of Health: Are We Failing our Most Vulnerable

Geriatric Refresher Day
March 5, 2014

Dr. Jeffrey Turnbull
Chief of Staff
The Ottawa Hospital





The Ottawa
Hospital | L'Hôpital
d'Ottawa

Faculty/Presenter Disclosure

Faculty: Dr. Jeffrey Turnbull

Relationships with commercial interests:

Grants/Research Support: N/A

Speakers Bureau/Honoraria: N/A

Consulting Fees: N/A

Other: N/A



Disclosure of Commercial Support

This program has NOT received financial support in any form

This program has NOT received in-kind support of any form

Potential for conflict(s) of interest:

N/A



The Ottawa
Hospital | L'Hôpital
d'Ottawa

Our Current System of Health Care is Unsustainable





The Ottawa
Hospital | L'Hôpital
d'Ottawa

The Cost of Health Care in Canada





The Ottawa
Hospital | L'Hôpital
d'Ottawa

The Quality of Health Care in Canada



Compassionate People. World-Class Care. Des gens de compassion. Des soins de calibre mondial.



Social, Demographic and Political Factors Shaping the Debate

- An aging population
- The prominence of chronic diseases
- Utilization
- Fiscal restraint
- Classic federalism
- Rising social inequity



The Ottawa
Hospital | L'Hôpital
d'Ottawa

Growing Income Inequity





Growing Social Inequity





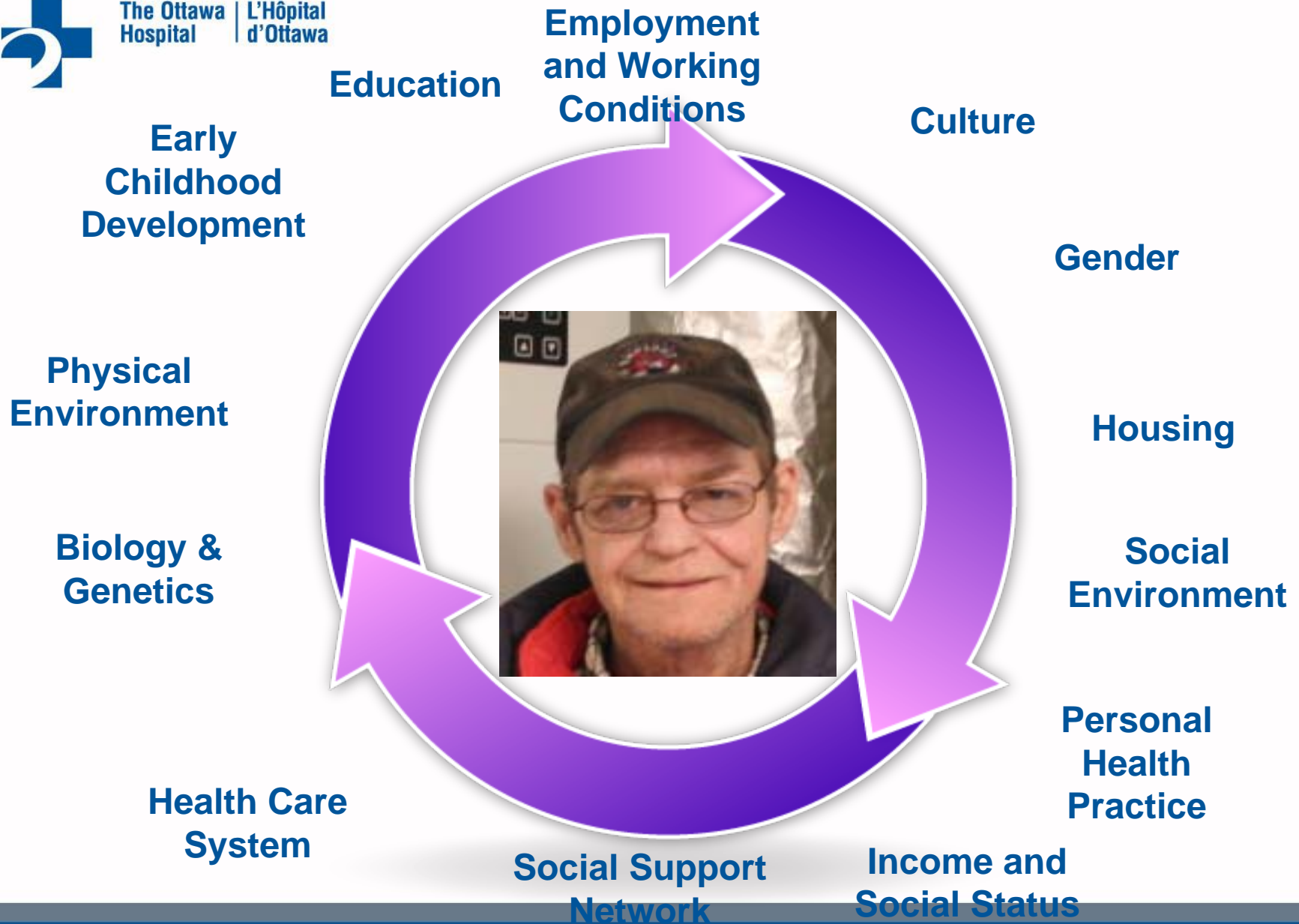
The Ottawa
Hospital | L'Hôpital
d'Ottawa

The Social Determinants of Health and Canadian Society





The Ottawa
Hospital | L'Hôpital
d'Ottawa





The Ottawa
Hospital | L'Hôpital
d'Ottawa

Growing Health Inequity



Compassionate People. World-Class Care. Des gens de compassion. Des soins de calibre mondial.



The Ottawa
Hospital | L'Hôpital
d'Ottawa

Vulnerability

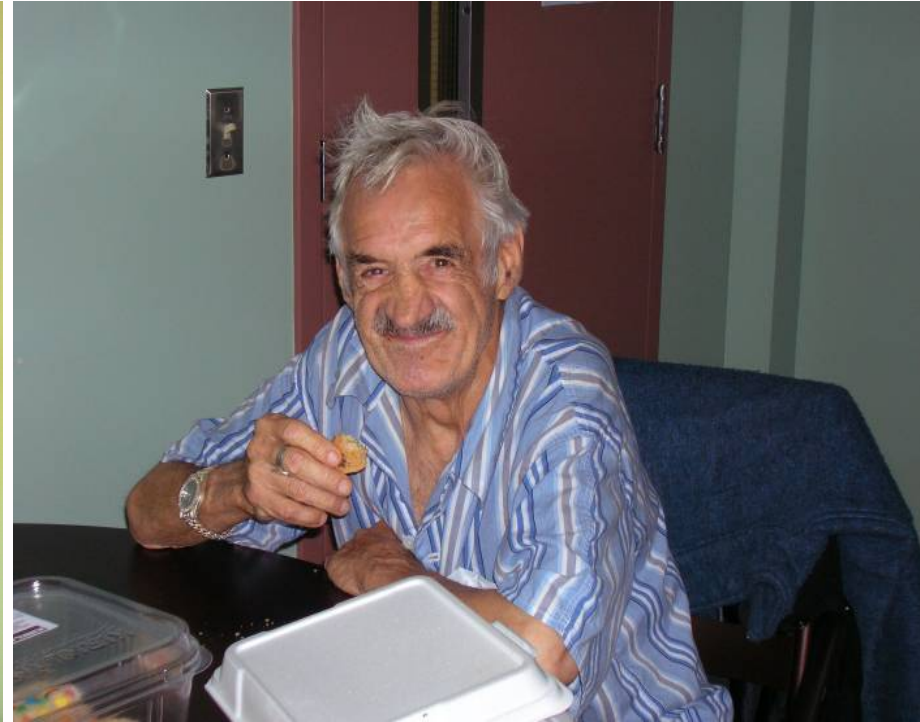


Compassionate People. World-Class Care. Des gens de compassion. Des soins de calibre mondial.



The Ottawa
Hospital | L'Hôpital
d'Ottawa

Canada's Most Vulnerable



Compassionate People. World-Class Care. Des gens de compassion. Des soins de calibre mondial.



The Unique Challenges for the Elderly: Especially those Living in Poverty

- Models of care and chronic disease management
- Scopes of Practice
- Changes to accountability, funding and governance



The Unique Challenges for the Elderly at the Extremes of Society

Why?

- Mental illness/addictions
- Geography
- Disability
- Ethnicity

And above all poverty



The Ottawa
Hospital | L'Hôpital
d'Ottawa

Challenges to Effective Health Care for the Homeless



A change for the better

Alcoholics band together, collect pennies to help kids

By NELLY ELAYOURI

Spare some change?
You've heard it many times, but chronic alcoholics at a downtown men's shelter are giving the phrase new meaning. They're collecting pennies to help sick kids.

"We're like a family. Our family is working hard to help other people," said organizer Harold Fraser, 49.

Fraser is one of about 25 residents of the Managed Alcohol Program at the Shepherd of Good Hope. Each month, they receive a \$116 personal needs allowance from the city — \$100 goes to the program, the rest is theirs to spend.

About five years ago, Fraser noticed a donation box for CHEO at a Tim Hortons. It gave him cause to reflect on his family. "I had two daughters. I love them both."

He last saw the girls a decade ago when they were six and seven. Born at CHEO, they both suffered from myotonic dystrophy.

The day he saw the donation box Fraser decided he would start collecting change.

"I'm doing it for the kids," he said. After collecting change around the coffee shop, he started approaching others lined up for meals at the shelter. He'd trade two cigarettes for 15 pennies.

"I'm losing but I'm gaining. Every cent counts to fill up those cans," said Fraser who collected \$80.

His idea caught on at the shelter, where many residents also have children they've lost touch with. Collecting change makes them feel like they can still help children. In addition to saving their own pennies, they ask for donations.

They're now rolling the pennies to give to CHEO. After that, they hope to help other groups that support children. "I'd love to send them to kids overseas, to kids suffering over there," Fraser said.

Fraser invited some readers to donate their



HAROLD FRASER, left, Sharron Stidle and Ron Lalonde hold some of the pennies they've collected for the donation box.

Vernissage
October 31, 2005

Exhibit & Sale
Oct. 31 to Nov. 30, 2005

Sweetgrass
Aboriginal Bistro

Dinner Reservations after the show
613-562-3683

108 Murray Street
Ottawa, Ontario

Artist Tom Hogan

Made possible through www.yogo.ca
DARE TO CARE





The Ottawa
Hospital | L'Hôpital
d'Ottawa

Advocating for Health Equity



Compassionate People. World-Class Care. Des gens de compassion. Des soins de calibre mondial.



Inequality as a Human Rights Issue

People who experience social inequity face violations of a wide range of human rights

This shifts the debate...

- Away from a focus on charity
- Toward the rights of citizens entitled to protection





Our Role in Achieving Health Equality

- Information for informed social policy decisions
- Creating effective health delivery systems for prevention and care
- Anti-poverty measures
- Direct health care service
- Effecting positive social change through healthy public policy
- Advocating for values that are essential for health and health care but also for our community

To be good is noble. To tell others how to be good is even nobler and a lot less trouble.

Mark Twain

