

Quiz for MOVE ON: Assessing Mobility

1. Select the assessment criteria that must be considered when assessing a patient's mobility (choose one answer)
 - Ability of the patient to provide assistance
 - Ability to follow instructions
 - Any special medical orders
 - Special circumstances (lines, wounds restrictions)
 - All of the above

2. Patients with Mobility level C should be encouraged to stay in bed all day.
 - True
 - False

3. Family members are encouraged to mobilize the patients while visiting
 - True
 - False

4. Patients with Mobility level A will be encouraged to (choose one answer)
 - Ambulate 3x/day
 - Participate in personal care to greatest extent possible
 - Eat meals sitting in a chair
 - Walk to bathroom for toileting
 - All of the above

5. MOVE ON Project standards of care include (choose one answer)
 - Assessing mobility of patients over 65 years of age within 3 days of admission
 - Designing a plan of care based on that assessment
 - Monitoring progress and changing targets to support OPTIMAL mobilization
 - Working as a team
 - All of the above

Staff Member Name: _____

Job Title: _____

Unit: _____

Date of Quiz Completion: _____ **Score:** _____

THANKS FOR YOUR PARTICIPATION!!!