

# CENTRAL INTAKE FOR SPECIALIZED GERIATRICS SERVICES (GERIATRIC MEDICINE)

Specialized Geriatric Services (SGS) provide older adults with specialized care and services that are often necessary to prevent, delay or restore loss of function in older adults. Outpatient SGS include but are not limited to Geriatric Day Hospitals, in-home Geriatric Assessment, Memory Programs, and Geriatric Clinics. Each SGS has varying patient criteria and accept referrals from different sources. Central Intake for SGS will triage, and direct referrals to the most appropriate destination.

## Main Benefits

- 1 **Improved coordination** of services.
- 2 **Simplified streamlined intake** process with one referral form and contact.
- 3 **Improved access** to the most appropriate service for the older adult.
- 4 **Consistent feedback** to the health care professional for the outcome of the referral.



## When to Refer

- **Cognition:** recent unexplained changes, unclear etiology, need for confirmation of diagnosis, review of treatment options
- **Mood** with concurrent Geriatric problems: depression, anxiety
- **Falls or impaired mobility:** recurrent falls, near falls, unexplained etiology
- **Functional decline** (with unexplained etiology)
- **Medication management:** polypharmacy, adherence concerns, medication errors, possible side effects impacting health and function and deprescribing.
- **Multiple or complex medical problems**
- **Nutritional concerns**
- **Risk / Safety concerns**
- **Frequent visits to Emergency Department or Primary Care Provider**
- **Caregiver stress**

**IF PRIMARY CONCERN IS RELATED TO MENTAL HEALTH OR BEHAVIOUR ASSOCIATED WITH DEMENTIA, REFER TO GERIATRIC PSYCHIATRY CENTRAL INTAKE.**

## Criteria for referring

To be referred older adults must:

- Agree to the assessment
- Be 65 years of older
- Have a valid Ontario Health Card
- Reside in the community (house, apartment, retirement home)

*Referrals cannot be accepted for older adults who live in Long Term Care*

Central Intake for Specialized Geriatric Services  
(Geriatric Medicine)  
Tel: 613-761-4145  
[WWW.RGPEO.COM/SERVICES/CENTRAL-INTAKE](http://WWW.RGPEO.COM/SERVICES/CENTRAL-INTAKE)

## How to Refer

- Please complete all the fields on the Central Intake for SGS Referral Form and provide additional information where appropriate.
- Fax referral form to Central Intake at 613-774-7240.
- If required information is missing, the referral form will be faxed back to you for completion.
- Once the older adult has been triaged, your office will receive a notification stating the decision made.
- If the referral does not meet the program criteria, you will receive notification outlining the reason for the decision.