

Geriatric Medicine Ambulatory Services & Day Hospital - Patient Information for a Day Hospital Visit

Our Purpose:

We assess seniors who are having problems with memory, mood, getting around, falls, day-to-day function, or complex health issues. Our goal is to help you to improve your health, quality of life, independence and safety. This will help you to stay in your own home as long as you can.

Who We Are:

Our team includes a geriatrician (doctor), nurses, occupational therapists, physiotherapist, social worker, pharmacist, dietitian, speech language pathologist, neuropsychologist and geriatric psychiatrist.

Our clinic clerk will help you to plan your visits and remind you about them. We take care of you in English or French. We use interpreters when needed.

Your Visit(s):

Your first visit is often **two to three hours long**.

The doctor **often asks you to come back for two or three more visits** so that other team members can assess you. You will see the nurse every visit.

Once all of your assessments are complete, you will have a final meeting with the doctor and nurse. They will give you a written report with recommendations. They will send this report and a medical summary to your family doctor and any agencies that need them.

Your Key Reminders:

1. Please arrive at least 20 minutes early. Finding parking will take extra time.
2. Please bring all of your medications and vitamins in their bottles. Also bring your glasses, hearing aids, shoes and all walking aids that you use (both cane and walker).
3. Please come with your spouse, child, or someone who knows you well.
4. It is very hard to change appointments. If you need to change, you may have a long wait. Please try not to cancel. If you must cancel, call at least two days ahead at 613-761-4645.

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