

NON-PROFIT HOME SUPPORT SERVICES

These agencies help seniors with in-home support services. Fees may apply for some services; but often - at below market prices and some are offered for free, so be sure to ask! Ottawa is divided into geographic areas, each served by a specific agency. Find your local agency and give them a call to see how they can help.

Centre de services Guigues	613-241-1266	159 Murray St.
City of Ottawa, Home Support	3-1-1	Ottawa residents with low-income and/or Social Assistance (<i>Ontario Works & ODSP</i>)
Eastern Ottawa Resource Centre	613-741-6025	2339 Ogilvie Rd.
The Good Companions	613-236-0428	670 Albert St.
Jewish Family Services	613-722-2225	300-2255 Carling Ave
Olde Forge Community Resource Center	613-829-9777	2730 Carling
Ottawa West Community Support	613-728-6016	1137 Wellington
Rideau-Rockliffe Community Resource	613-745-0073	120-225 Donald St.
Rural Ottawa South	613-692-4697	P.O. Box 423-1128 Mill St, Manotick
South-East Ottawa Community Health	613-737-5115	600-1355 Bank St.
VHA Health and Home Support	613-238-8420	700-250 City Centre Ave.
Western Ottawa Community Resource	613-591-3686	2 MacNeil, Kanata

Remember the OTTAWA COMMUNITY CARE ACCESS CENTRE (CCAC) at 613-745-5525 or www.ottawa.ccac-ont.ca for in-home health and care support services; Long Term Care (LTC) planning and applications for placement; Day Away/Respite Programs. These services are covered by OHIP.