

de l'Est de l'Ontario

Private Home Support Services

(Updated: April 2020 – During COVID-19 Pandemic)

We <u>do not</u> endorse or recommend any specific service. This is a list that might help you to find, for-fee, private inhome help. We recommend that you do your homework and make sure the home support service you hire offers you the support and care that you and your loved ones are looking for. More services may be listed online at: www.champlainhealthline.ca. Make sure to ask your friends and neighbors, often "word of mouth" is the best way to find what is right for you. We also recommend that you check in with your local non-profit community support service agencies for information about in-home support services.

PRIVATE HOME SUPPORT SERVICE	PHONE NUMBER AND EMAIL ADDRESS
Bayshore Home Health	613-226-7682 www.bayshore.ca
Care for Health and Community Services	613-749-7557 <u>www.carefor.ca</u>
Care Matters	613-796-6392 <u>www.carematters.ca</u>
Comfort Keepers	613-820-1612 www.comfortkeepers.ca
GEM Health Care Services	613-761-7474 www.gemhealthcare.com
Home Instead	613-599-6906 www.HomeInsteadOttawa.ca
Living with Care	613-293-4960 www.livingwithcareottawa.com
Para-Med Home Health Care	613-728-7080 <u>www.paramed.com</u>
Qualicare Family Homecare	613-366-2899 www.qualicareottawa.com
Retire-at-Home	613-798-5111 www.retireathome.com